



# The Time Has Come for Injectable Sparing Treatment Regimens for Multidrug-Resistant Tuberculosis (MDR-TB) in Children



Webinar (Sentinel Project and DR-TB STAT)

April 7<sup>th</sup>, 2017

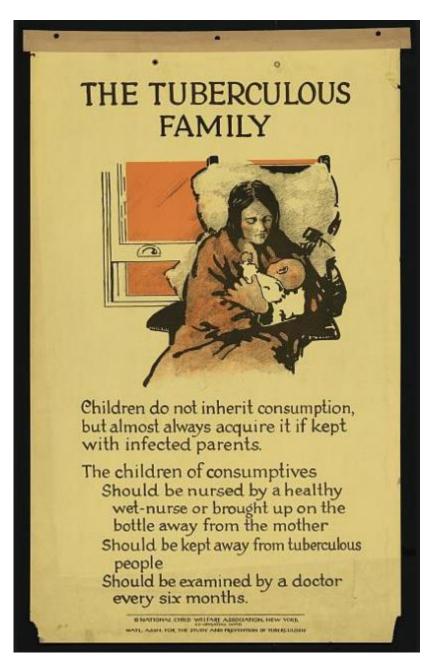
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**Disclosures:** EDW is protocol vice-chair for the below trial. Otsuka, the manufacturer of delamanid, is donating study drug and sharing PK modelling and safety PK data from their ongoing trials in children.

IMPAACT 2005: A Phase I/II Open-label, Single-Arm Study to Evaluate the PK, Safety, and Tolerability of Delamanid in Combination with Optimized Multidrug Background Regimen (OBR) for Multidrug-Resistant Tuberculosis (MDR-TB) in Children with MDR-TB with and without HIV



New York: National Child Welfare Association: Co-operating with Natl. Assn. for the Study and Prevention of Tuberculosis (1922)



# "Chains of Habit are too light to be felt until they are too heavy to be broken."

--The Oracle of Omaha (Warren Buffet)



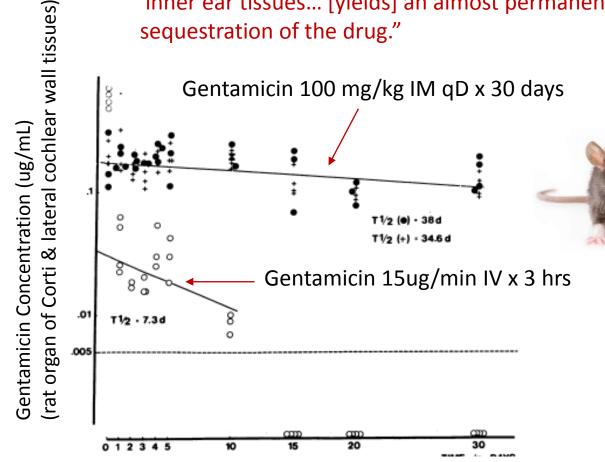


#### Objectives

- Review evidence on injectable agents (amikacin, kanamycin, and capreomycin)
  - Toxicities of injectable agents
  - Unclear contribution of injectables to standard MDR-TB treatment efficacy
  - Increasing availability of new and repurposed drugs (BDQ, DLM, CFZ, LZD)
- Review evidence on new and repurposed drugs in children with MDR-TB
  - Clinical Pharmacology/ Practical Parameters
  - Efficacy
  - Toxicity
- Rationale for injectable sparing regimen
  - Children have paucibacillary disease & fairly good treatment outcomes
  - Substituting less toxic, more effective drugs for injectables should improve outcomes
  - Ethical aspects

### Injectable Ototoxicity

"The extremely slow half-life of disappearance from the inner ear tissues... [yields] an almost permanent sequestration of the drug."



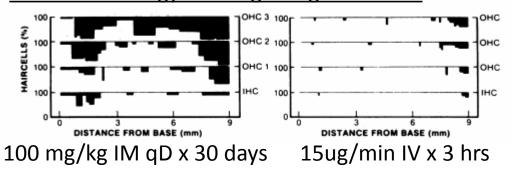
Time (days)
[Tran Ba Huy P et al., J. Clin Invest. 1986 (77); 1492-1500.]

Table I. Half-lives of Disappearance (in Days)

Tissues	After 3-h infusion of 30 µg/min (IIIa)	After 30 d of daily 100 mg/kg i.m. injection (IIIb)
Plasma	1-16.9*	2-17.5*
Renal cortex	5.6	14.5
Liver	4.4	10.7
Heart	3.9	14.2
Lung	6.6	18.2
Spleen	4.6	24.1
Cochlear tissues‡	0.25-7.3	
Organ of Corti		34.6
Lateral wall		38

Half-lives of disappearance of gentamicin from plasma and tissues in group III.

Cytocochleograms depicting death of hair cells (in black) seen on histology in rats given gentamicin:



Sensory cells of the cochlea do not regenerate.

A bicompartmental analysis was made.

<sup>‡</sup> Organ of Corti and lateral wall were pooled.

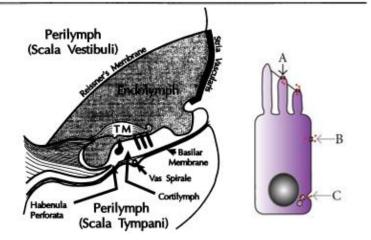
# AUC in perilymph correlates w AUC in plasma & predicts ototoxicity in

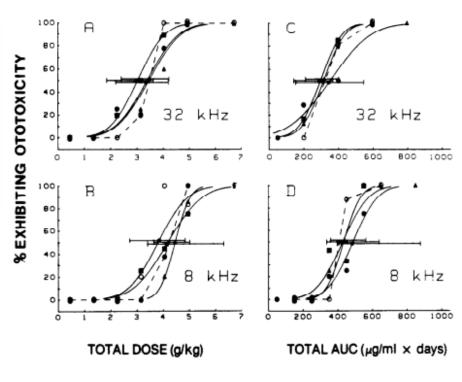
TABLE 1. Amikacin concentrations in plasma and perilymph after different dosing rates and durations

Dosing rate	Duration	Total dose		Amikacin level (μg/ml) in:	
(µg/min)	(days)	(g)	Perilymph <sup>a</sup>	Plasma <sup>b</sup>	perilymph plasma <sup>c</sup>
47	1	0.07	8.7	21.1	0.41
	2	0.14	9.3	20.2	0.46
	16 <sup>d</sup>	1.09	8.4	19.3	0.44
	24°	1.63	7.7	13.4	0.57
94	1	0.14	20.7	38.3	0.54
	2	0.27	19.6	33.8	0.58
	8	1.09	19.8	33.5	0.59
	12	1.63	20.1	34.7	0.58
188	1	0.27	34.0	69.5	0.49
	2 4	0.54	28.1	70.4	0.40
	4	1.09	38.0	78.3	0.49
	6	1.63	39.0	74.9	0.52
377	1	0.54	67.5	133.9	0.50
	1 2	1.09	72.8	159.1	0.46
	3	1.63	75.2	157.9	0.48

TABLE 2. Total perilymph AUC at threshold and strongly ototoxic total doses

Daving auto	Total perilymph AU	JC (μg · day/ml) at <sup>a</sup> :
Dosing rate (μg/min)	Total dose of 1.09 g	Total dose of 1.63 g
47	134.4	185.2
94	158.2	241.2
188	152.1	234.2
377	145.5	225.8





[Huth ME et al., Int. J. Otolaryngol 2011; 2011]

[Beaubien AR, et al., Antimicrobial Agents & Chemotherapy 1991; 1070-1074; Beaubien AR Am J Otolaryngol. 1989; 10(4):234-43]

# <u>Injectables commonly cause severe, often-irreversible toxicities in</u>

 Injectables for MDR-TB given over prolonged periods (median 4 months → AUC → 1)

#### Ototoxicity

- $\geq$  25% (25 of 94) of children, often irreversible [Seddon JA et al Thorax 2014;69(5):458-64]
- Significantly affects neurocognitive development, psychosocial functioning, school performance [Franck C et al, BMCID 2014;14:426.]
- Speech/ language comorbidities
- Programmatic challenge
  - Can develop before it is perceived (in the high frequency ranges) [Garcia-Prats A et al., Exp. Opin. Drug Safety 2016(15); 11]

 Profound source of physical and emotional suffering for children and caregivers [Isaakidis P et al, Trop. Med & Int. Health, 2013;18(9):1128-33; Seddon JA et al Thorax 2014;69(5):458-64]

#### II. The contribution of injectables to *standard* MDR-TB treatment efficacy is unclear

for Mycobacterium tuberculosis, H37Rv

•	In vitroamikacin weakly bactericidal; kanamycin bacteriostation	c í
	[Sanders WE et al Tubercle 1982;63(3):201-8.]	

·		
Orug	MIC (µg/ml)	MBC (µg/ml)
soniazid	0.2	0.4
Amikacin	0.2	0.4
Canamycin	0.8	8.0
Streptomycin	3.1	3,1

• EBA-- Amikacin 5-15mg/kg/day has no early bactericidal activity [Donald PR et al IJTLD] 2001;5(6):533-8; Jindani A et al Am Rev Resp Dis 1980;121(6):939-49.]

Table 2 Viable counts of colony forming units (cfu) of tubercle bacilli in sputum collections before treatment (S1) and after treatment for 2 days (S3) together with the early bactericidal activity (EBA)

	Patients	Viable count	(log <sub>10</sub> cfu/ml)		
Treatment group	(n)	S1 (SD)	S3 (SD)	Mean EBA (SD)	95%CI
Amikacin					
5 mg/kg	12	6.873 (0.623)	6.792 (0.729)	0.0405 (0.1004)	-0.0163-0.0973
10 mg/kg	13	7.005 (0.417)	6.914 (0.424)	0.0453 (0.1441)	-0.0432-0.1337
15 mg/kg	15	7.194 (0.601)	7.090 (0.559)	0.0518 (0.0962)	-0.0108-0.1144
Isoniazid 6 mg/kg	9	6.973 (0.723)	5.944 (0.796)	0.5147 (0.1729)	0.4018-0.6276
No drug	10	7.002 (0.757)	6.921 (0.753)	0.0406 (0.113)	-0.0296-0.1108

SD = standard deviation.

Table V. Results of therapy in mice infected with *M. tuberculosis* H37Rv: Effect of streptomycin, kanamycin and amikacin on macroscopic surface lung lesions.

Drug	Dosage	Average number of surface lung lesions per animal				
		30 Days	€0 Days	90 Days		
None		. 50	: 50	50		
Streptomycin	10 mg/kg/da	2	50	50		
Kanamycin	10 mg/kg/da	1	50	-50		
Amikacin	5 mg/kg/da	35	11	12*		
Amikacın	10 mg/kg/da	7	17	20°		
Amikacin	15 mg/kg/da	12	1	0 ;		

Table I. Minimum inhibitory (MIC) and minimum bactericidal (MBC) concentrations of drugs for Mycobacterium tuberculosis, H37Rv

Drug	MIC (µg/ml)	MBC (µg/ml)	
Isoniazid	0.2	0.4	
Amikacin	0.2	0.4	
Kanamycin	0.8	8.0	
Streptomycin	3.1	3,1	

\*Several animals in these two groups only were devoid of lesions

Table IV. Results of therapy in mice infected with *M. tuberculosis* H37Rv: Effect of strepto-raycin, amikacin and isoniazid on populations of tubercle bacilli in the lungs.

Drug	Dosage	Colony-forming units (X10-5) per whole lung (mean and ranga)		
		30 Days	60 Days	90 Days
None	_	15	31	25
		(0.5 - 35)	(15 - 43)	(1-49)
Streptomycin	25 mg/kg/da	20	2.3	2.5
		(0.2-83)	(1,6-3.9)	(0 2-5.3)
Amikacin	10 mg/kg/da	0.5	0.1	0.1
		(0.4-0.6)	(0.1-0.2)	(.004-0.2)
isoniazid	20 mg/kg/da	0.3	0.2	0
		(0-0.9)	(0-0.6)	(0)

### Clinical Outcomes of Injectables Dubious

- Adults: Large, Individual Patient Data Metaanalysis including 9153 pts, the use of kanamycin, amikacin, or capreomycin vs. no injectable was NOT associated with a successful treatment outcome [Ahuja SD et al PloS Med 2012;9(8):e1001300.]
  - Limited by the small number of patients who did not receive an injectable
- Metaanalyses:
  - Treatment success in 64% of patients with MDR-TB, 56% of patients with MDR-TB with additional resistance to injectable agents (MDR-TB+INJr), 48% in patients with MDR-TB with resistance to fluoroquinolones (MDR-TB+FQr), and 40% among patients with XDR-TB. [Falzon D, et al. *Eur Resp. J.* 2013;42(1):156-68.]
  - 337 pts: Baseline FQ-R associated with a 4-fold higher odds of unfavorable outcome whereas baseline resistance to injectable agents not associated with higher risk of unfavorable outcome [Jeong B-H et al., J. Antimicr. Chemother. 2015.]

- Children: IDP meta-analysis of 842 children: 119 children were treated without injectables.
  - 71.9% with culture-confirmed MDR-TB had a successful outcome.
  - 93.5% children with probable MDR-TB had successful outcome. [A. Hesseling, personal communication]

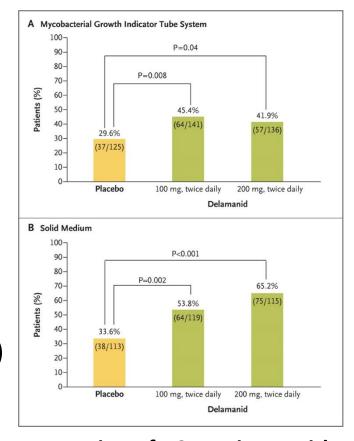
#### III. Adding new drug with proven sterilizing activity to MDR-TB

#### regimen should improve outcomes significantly

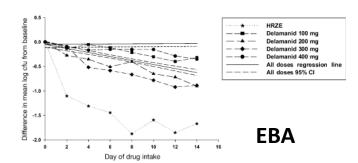
- E.g., Delamanid
  - Nitroimidazole class, mycobacterial cell wall synthesis inhibitor
  - Bactericidal, with potent sterilizing activity; +EBA
  - First-in-class for MDR-TB; EMA approved; WHO guidance
- Microbiologic efficacy in adults
  - RCT: DLM vs. placebo + OBR
  - N=481 adults (4 HIV+) with PTB
  - DLM 100mg BID vs 200mg BID vs placebo (2 mos on Rx + 1 mo F/U)
  - Higher 2-month culture conversion (45.4% vs. 29.6%; p=0.008)
     with DLM c/w placebo

[Gler MT et al. N Engl J Med 2012;366:2151-2160.]

- Safety and long-term outcomes in adults
  - F/U 24-mo Observational Study in Adults
  - lower mortality in those who received >6 months vs.
     2 months of DLM (1.0% vs 8.3%; p<0.001)</li>
  - 74.5% vs 55% favorable outcomes (*p*<0.001)
  - QT prolongation but no clinical SAEs



Proportion of RCT Patients with Sputum Culture Conversion at Day 57.



### Delamanid Pharmacokinetics & Safety

#### **Adult PK highlights**

- $T_{max}$  = 4 hours;  $T_{1/2}$  is 30-38 hours; metabolites 150-600 hours
- Increased bioavailability with food & with separating dose from companion drugs; non-linear bioavailability
- No significant DDI with key ARV
- Effects of HIV infection on absorption unknown

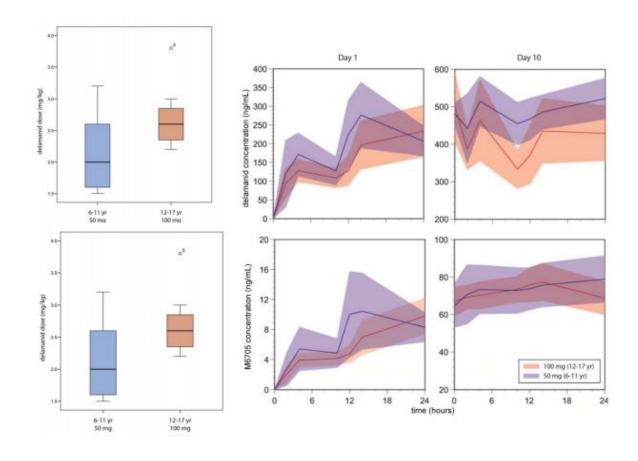
#### **Adult safety**

- QT prolongation (maximum 15 ms), no other cardiac toxicity
- Maximal QT effect at 8 weeks, associated with DM-6705 exposures

#### Pediatric PK & safety: (Otsuka Trials 232 (14 days) and 233 (24 weeks))

- In small pediatric trial of children with MDR-TB without HIV infection:
  - Age 12-17 (n=7): 100 mg twice daily achieves exposures in range seen in adults with 100 mg twice daily
  - Age 6-11 (n=6): 50 mg twice daily achieves exposures in range seen in adults with 100 mg twice daily
  - Age 3-6 years:
  - Age 0-3 years: Enrolling
- Drug safe and well-tolerated in children (no QT prolongation).
- Delamanid Pediatric Formulation (DPF) developed and available
  - bioequivalence study completed: 125mg DPF is bioequivalent to 100mg adult formulation DLM

# DLM Dose vs. Exposure Relationships, by Age, in Children in Study 232



### QT effect & Safety of DLM in children: Trial 233

Category	Cut-off (ms)	Group 1 12-<18yrs (N=7) N	Group 2 6-<12yrs (N=6) n	Group 3 3-<6yrs (N=8) n
New Onset QTcF	>450	0	1	0
ζ.υ.	>480	0	0	0
	>500	0	0	0
Change in QTcF from baseline	≥30 and ≤60	2	2	1
	>60	0	0	0

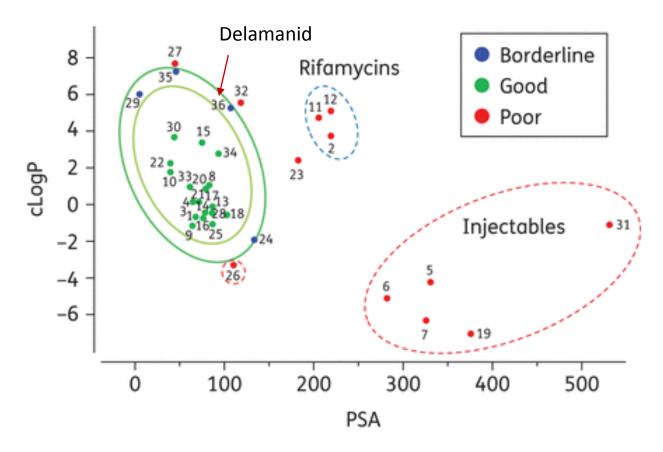
#### **Safety:** 21 children have received DLM in trials to date:

- No serious AE's
- In Group 3, the youngest group, there were 0 AEs
- In Group 2, 1 case each arthralgia, HA, dizziness.
- In Group 1, 1 case of dizziness.
- (All these children were also on OBR).

	Group 1	Group 2	Group 3
Week	QTc Mean [SD]	QTc Mean	QTc Mean
Baseline	407.0 [19.2]	411.8	400.9
4	423.4 [11.9]	421.1	413.3
8	417.1 [16.0]	420.0	407.4
12	427.9 [17.1]	416.7	396.2
18	428.6 [13.7]	424.4	393.8
22	423.6 [15.2]	421.0	399.3
26	420.8 [16.8]	420.9	392.0
30	414.2 [8.0]	407.8	400.9

[Hafkin J, et al. "Long-term Safety, Tolerability and Pharmacokinetics of Delamanid in Pediatric MDR-TB Patients, Ages 12-17 Years" Poster EP-115-04 at the 46<sup>th</sup> Union World Conference on Lung Health Cape Town, South Africa; also personal communication.]

## DLM bioavailability compared with other anti-TB drugs



Egan Egg analysis of 36 anti-TB compounds. Compounds within ellipsoid have good passive absorption; those outside have poor absorption. [Lakshminarayana SB et al., *J. Antimicrob. Chemother.* (2015) 70 (3): 857-867]

#### WHO Guidance

- 2014: Interim policy guidance: delamanid (DLM) may be added to a WHOrecommended regimen in adults with pulmonary MDR-TB (very low confidence in estimates of effect; conditional upon:
  - Proper patient
  - Adherence to principles of designing a WHO-recommended regimen
  - Close treatment monitoring
  - Active pharmacovigilance (mgmt. AEs)
  - Patient informed consent
- October 25, 2016: New interim policy recommendations (Otsuka 232 & 233; case series of CU in kids; adult comparator values used) that "DLM may be added to the WHO-recommended longer regimen in children (6-17 years) with MDR/RR-TB who are not eligible for the shorter MDR-TB regimen."
  - Very low confidence in estimates of effect

<sup>\*</sup>Conditional upon: proper patient inclusion, adherence to principles of designing a WHO-recommended longer regimen, close monitoring, active TB drug safety monitoring & management, informed decision-making process.

# III. Adding *new drug* with proven sterilizing activity to MDR-TB regimen should improve outcomes significantly

- E.g., bedaquiline (high cure rates in patients with TB resistant to injectables (pre-XDR and XDR TB) [Njeka IJTLD 2015]
- E.g., another nitroimidazole, pretomanid (high potency sterilizer in patients with DS-TB in combination with moxifloxacin, pyrazinamide) [Diacon AH, Lancet 2012 Sep 15; 380 (9846):986-93.]
- E.g., clofazimine (emerging PK and safety data in children)
- Availability of an effective alternative alters the risk-benefit calculus for injectables

TABLE 1

Principles in designing treatment for a patient with multidrug-resistant (MDR)/extensively drug-resistant (XDR) tuberculosis (TB)

Steps	Considerations				
1)	Analyse the following information				
Diagnosis	Medication history: ≥1 month monotherapy or adding one drug to a failing regimen is a strong predictor of resistance				
2) Number of drugs	WHO: At least 4 drugs: 2 of them core drugs (1 sterilizer, one bactericidal), 2 of them companion drugs to protect action of the core drugs				
3) Drug selection	"Importantly, if a core drug cannot be used because of documented resistance or toxicity, it should be replaced by another with a similar efficacy (bactericidal and sterilizing)" [Caminero JA, Eur. Resp. Journal 2015 46: 887-893]	ted only with main effective ted among the ) until gthen the			
4) Length of TB treatment	Minimum length of treatment is 21 months, divided as follows Intensive phase: 6 months and ≥4 months after culture conversion; longer if three effective dreas available during the continuation phase Continuation phase: ≥14 months	igs are not			
5) Surgery	Consider only if few effective drugs are available, localised pulmonary lesions are present and the person has sufficient respiratory reserve				
6) Ideal regimen	Standardised: if there has been no use of SLDs in the past Individualised: if there has been use of SLDs in the past or there is a history of contact with an Mad used them (treat with the effective regimen of the index case)	IDR patient who			

Caminero JA, Eur. Resp. Journal 2015 46: 887-893.

# Children typically have paucibacillary disease, so generally are easier to treat than adults

- Paucibacillary disease (10<sup>5</sup> bacilli) in theory does not require as many drugs to kill it (from a bacteriologically purist P.O.V.)
  - Less likely to have cavitary disease
  - At <2 yrs old, mostly extrapulmonary dz.
- Treatment failure and relapse are uncommon in children with MDR-TB
  - (Children w HIV coinfection have worse outcomes, higher mortality.)
- Life-altering toxicity from the injectables is common in children with MDR-TB
  - Often providers uncomfortable giving IM injections repeatedly outpatient, so patients hospitalized for duration of their intensive treatment, with grave economic and social consequences for families
  - Monitoring for toxicity is programmatically challenging and often unavailable
  - Toxicity, if detected, can be halted but not reversed

# Ethical Rationale for Substitution of New/Repurposed Medicines for Injectable in Pediatric MDR-TB Regimens

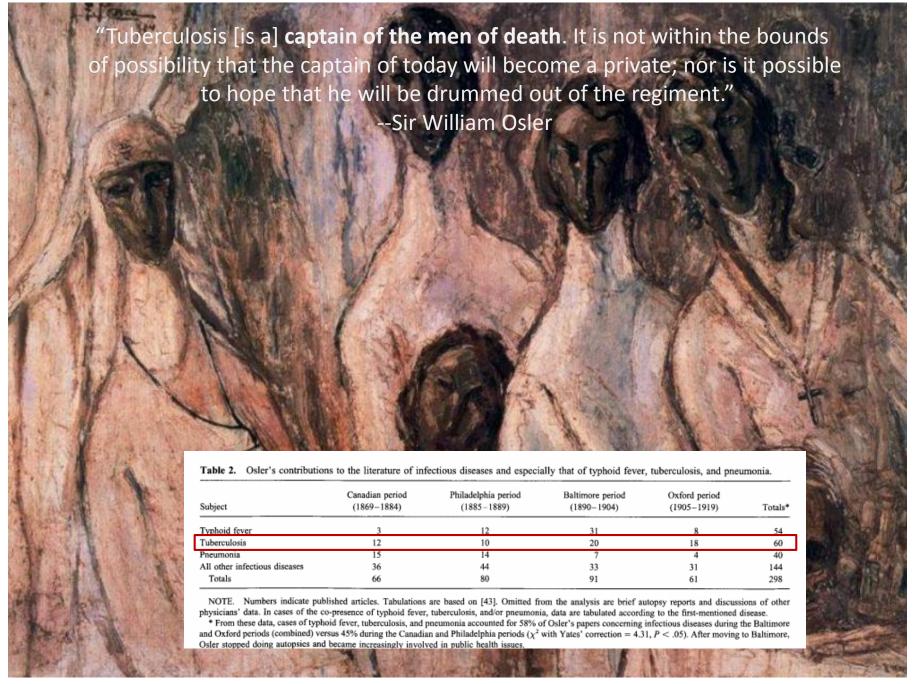
- Duty to reduce already substantial burdens of suffering for pediatric patients
  - Minimize treatment-related burdens
  - Increase chance of treatment completion by decreasing toxicity
  - Replace injectable with an equally or more effective agent
    - Minimize disease-related burdens
- Priority of justice to ameliorate systematic clusters of disadvantage in childhood [Powers M & Faden R, 2006]
  - Otherwise they can become entrenched for a whole life
  - Ototoxicity worst for the pre-verbal/ linguistically developing
- Duty to enable the soonest return of the patient into the world of the child



### Simpler, non-injectable, less toxic, shorter



Tony Karumba/ The Guardian





[Recovery, by Anonymous (1950) Carved single apple tree trunk 70 x 10 inches American Visionary Art Museum, Baltimore, MD]

[Bryan CS, CID 1996; 23; 1139-49; Tuberculosis, Fidelio Ponce de León, 1933]

## Thank You!



[Photo: Jason Beaubien/NPR]

### Acknowledgements

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Edie Nadelhalft, 2012 Mixed media and glass 14 x 4 inches Baltimore, MD





250 10000 dose normalized AUC0-24 (ng/mL per mg/kg) dose 10 9000 dose normalized delamanid Cmax (ng/mL per mg/kg) dose 200 8000 7000 150 6000 5000 100 4000 3000 2000 50  $r^2=0.515$  $r^2=0.231$ 1000 0.8 3500 dose normalized delamanid AUC0-24 (ng\*hr/mL per mg/kg) dose 1 0.7 3000 delamanid CI/F (L/hr/kg) 0.6 2500 0.5 2000 0.4 1500 0.3 1000 0.2 500 0.1  $r^2=0.327$ r2=0.319 12 16 14

Fig. 3a. Correlations between the age of children enrolled in Study 242-12-232 and selected disposition parameters for delamanid (n = 13)

AUC, area under the curve; CI/F, apparent oral clearance; Cmax, maximum plasma concentration; yr, years

#### Possible explanations:

- Ontogeny of metabolizing enzymes
   ( as age decreases)
- ?Lower albumin (avg BMI 16), which metabolizes DLM
- Differences in site/ environment
- Differences in pathology
- Age-dependent changes in Cl/F driven by nonlinear bioavailability

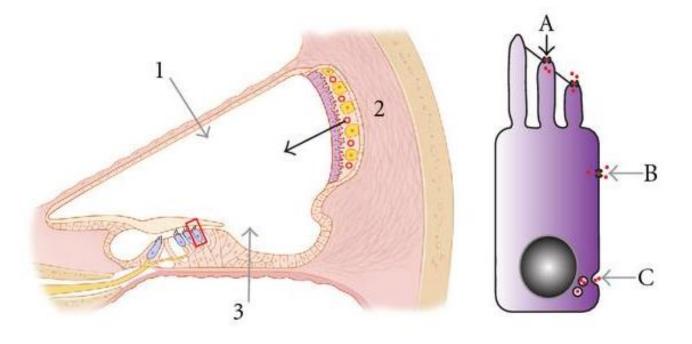


Figure 1: Proposed mechanisms of aminoglycoside transport in the inner ear. Possible entry sites for aminoglycosides into the scala media include via (1) the Reissner's membrane, (2) stria vascularis, and (3) basilar membrane. Published work supports the notion of entry via the Reissner's membrane and the stria vascularis through and between the marginal cells. At the hair cell level, aminoglycosides can potentially enter via mechanotransducer channels located on stereocilia of hair cells (A), endocytosis on the apical or basolateral membranes (A, B, or C), TRP channels (A, B or C), or ATP receptors (A).

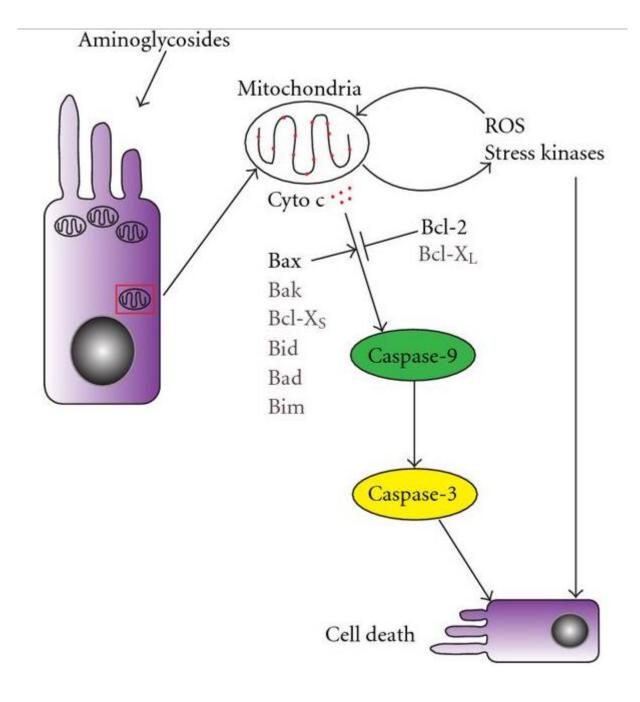
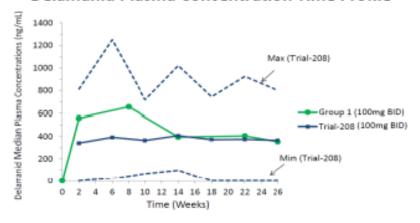


FIGURE 2: A simplified schematic of the cell death cascade in hair cells damaged by aminoglycosides. Reactive oxygen species (ROS), stress kinases, and the caspase family of proteases are activated and mediate hair cell degeneration caused by aminoglycoside exposure, whereas overexpression of Bcl-2 protects against caspase activation and hair cell loss. Aminoglycosides damage the mitochondria and can result in generation of ROS and activation of stress kinases. Both ROS and stress kinases can cause cell death directly as well as amplify insults targeting the mitochondria. The balance between pro-apoptotic and anti-apoptotic Bcl-2 family members determines the integrity of the mitochondria. Cytochrome c leaking out of damaged mitochondria leads to caspase-9 activation, which in turn activates caspase-3 to execute cell death.

[Huth ME, Int J. Otolaryng. 2011; 2011:937861]

#### DLM & Metabolite Levels in Children & Adults

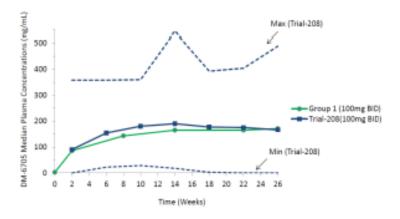
#### Delamanid Plasma Concentration Time Profile



Parameters (DLM)	Group 1 (age 12-17 yrs)		Group 2 (Age 6-11)		Group 3 (Age 3-6)		Adults	
Day	1	10	1	10	1	10	14	56
N	7	7	6	6	6	6	150	144
C <sub>max</sub> (ng/mL) [Min-Max]	268 [160- 420]	557 [304- 803]	315 [210- 450]	573 [485- 682]	202 [164- 364]	508 [485- 640]	357 [124- 1000]	414 (39.9)
AUC <sub>0-24</sub> (ng*hr/mL) [Range] Or (%CV)	3880 [1800- 5300]	9730 [6150- 12800]	4100 [3200- 6900]	12000 [9770- 13300]	3580 [2980- 4820]	9520 [8220- 10900]	6811 [1669- 13325]	7925 (37.5)

Parent drug reaches steady state in 6-7 days

#### DM-6705 Plasma Concentration Time Profile



Parameters (DM-6705)	Group 1				Group 2 (Age 6-11 yrs)		Group 3 (Age 3-6)		Adults		
	(Age 12-17 yrs)			00					4.4	40*	000
Day	1	10	56	98	1	10	1	10	14	10*	98Ω
N	7	7	6 <sup>‡</sup>	6	6	6	6	6	153	ND	100
C <sub>max</sub>	8.60	81.7			7.68	90.0	7.30	73.7	114	91.2	
(ng/mL)	[8.6-	[52.9-			[6.07-	[62.4-	[5.03-	[59.1-	[37.3-		
( 0, ,	15.5]	93.2]			23.1]	112]	8.65]	95.0]	461]		
Median			143	165							190
Conc. (%CV)			[26.8-	[25.6-							(47)
or			2051	225]						L	` ′
			•							_	
[min-max]											
(ng/mL)											
Metabolite:											0.49
Parent ratio											1
			_		_						(54)
AUC <sub>0-24</sub>	113	1780			122	1870	114	1470	2404	1923	
(ng*hr/mL)	[89.5-	[1210-			[81.1-	1210-	[83.5-	[1310-	[782-		
(118 111/1112)	224]	2010]			349]	2210]	139]	1770]	5792]		

Metabolite reaches steady state in 4-6 weeks