Singasincoba sifo sesifuba sengati (TB)

Incwadzi yetindzaba letinfishane lefundzisa ngesifo sesifuba sengati

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Written and illustrated by Elizabeth Harausz. Activities by Agnès Hernàndez-Grande and Rachel Golin. Design by Carly Rodriguez. Translations by Nomathemba Dlamini and Bulisile B. Mzileni.

ZERO child deaths from DR-TB
Sentinel Project
on pediatric drug-resistant tuberculosis

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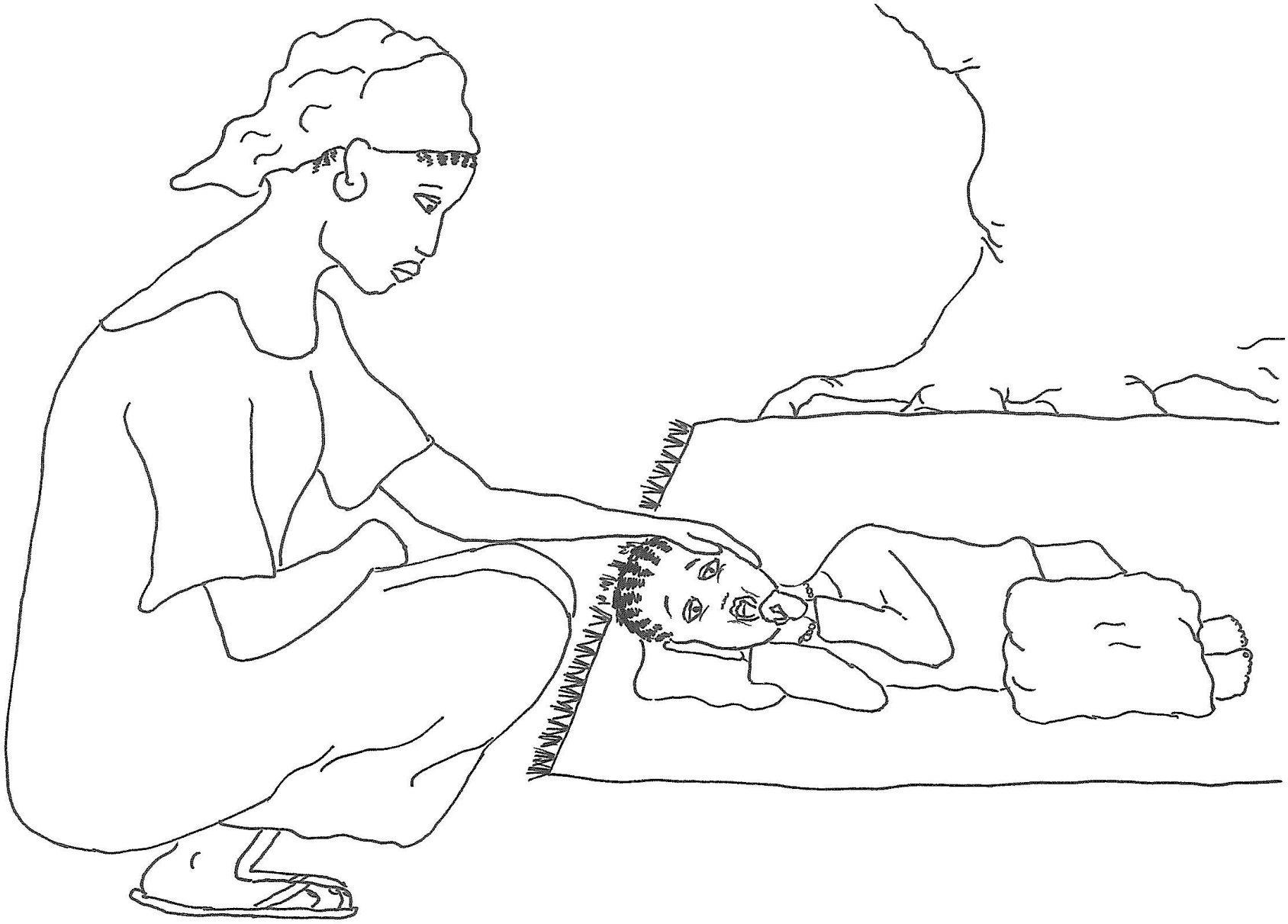
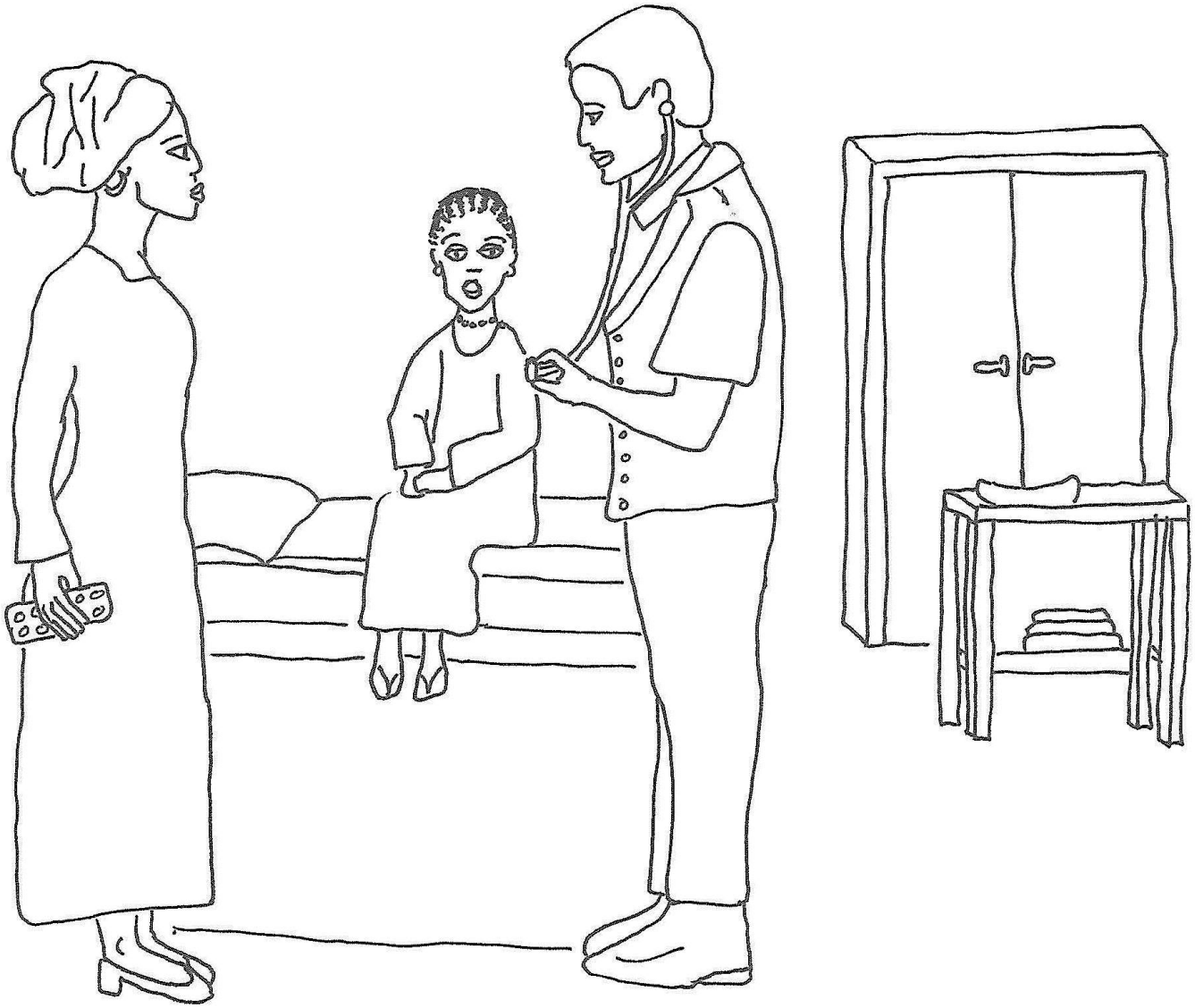
Sibongile akativakahle. Udziniwe futsi akafuni kudlala nebanganibakhe.



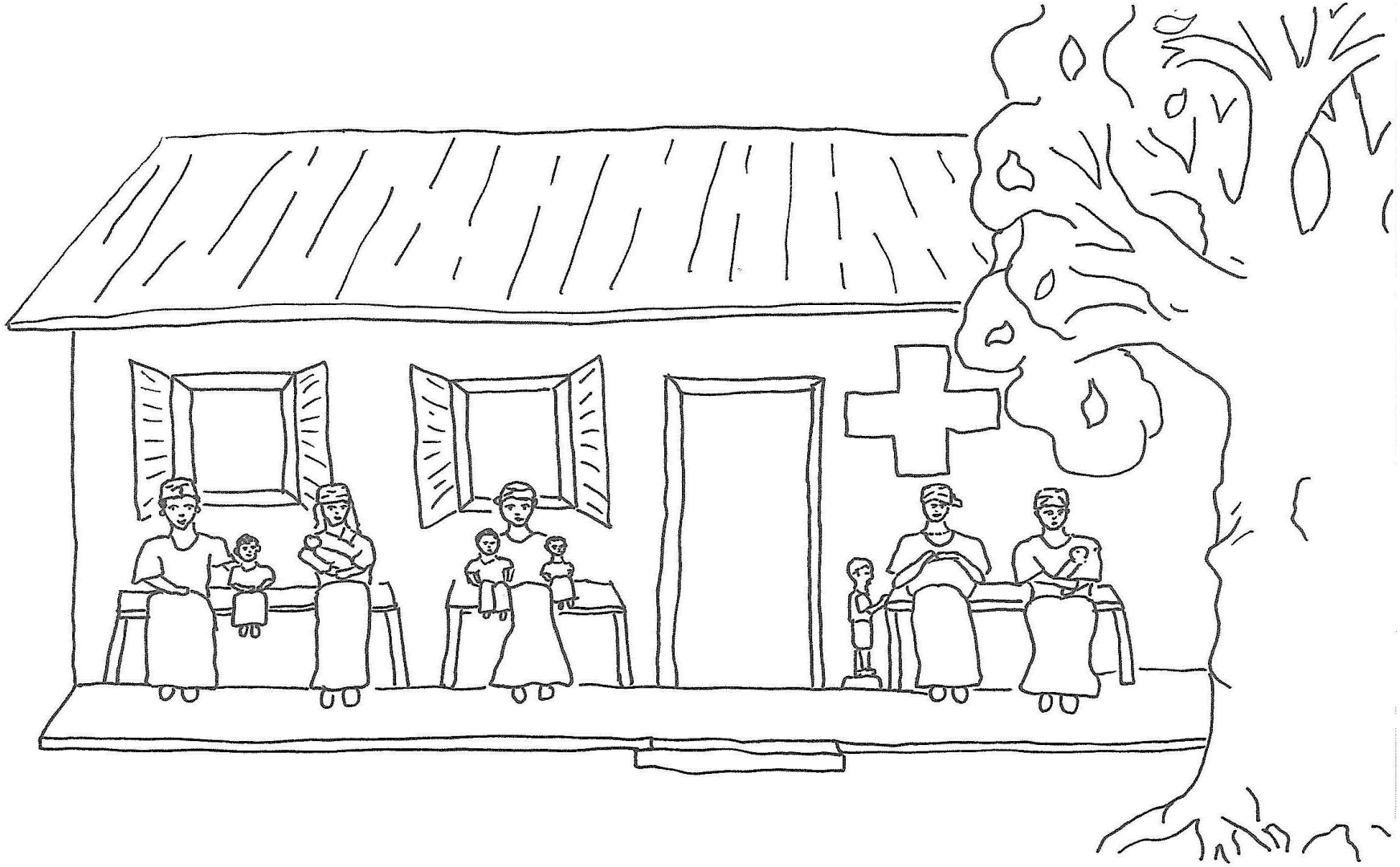
Sibongile ukhwehlela kakhulu futsi unemkhuhlane. Make wakhe ukhatsatekile ngaye.



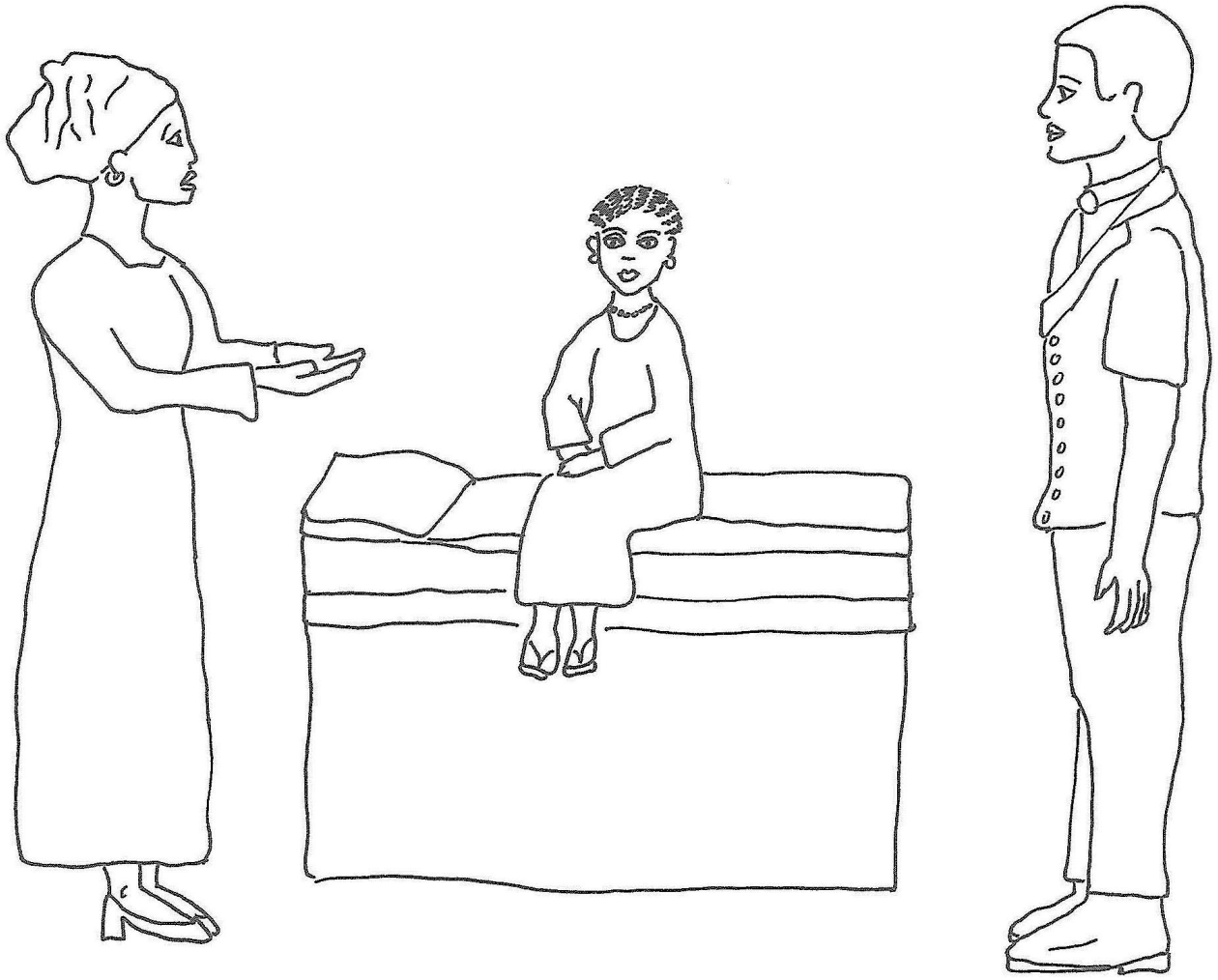
Make wakhe umumikisa kudokotela. Dokotela utsi Sibongile uneligciwane lesifuba sengati, kumele anatse emaphilisi onkhe malanga.

Sibongile uyazama kunatsa emaphilisi akhe, kodvwa amunika inkinga uye eve aphatfwa sisu.

Sibongile socale kubhacela make wakhe njalonje masekusondzele sikhatsi sekunatsa emaphilisi.

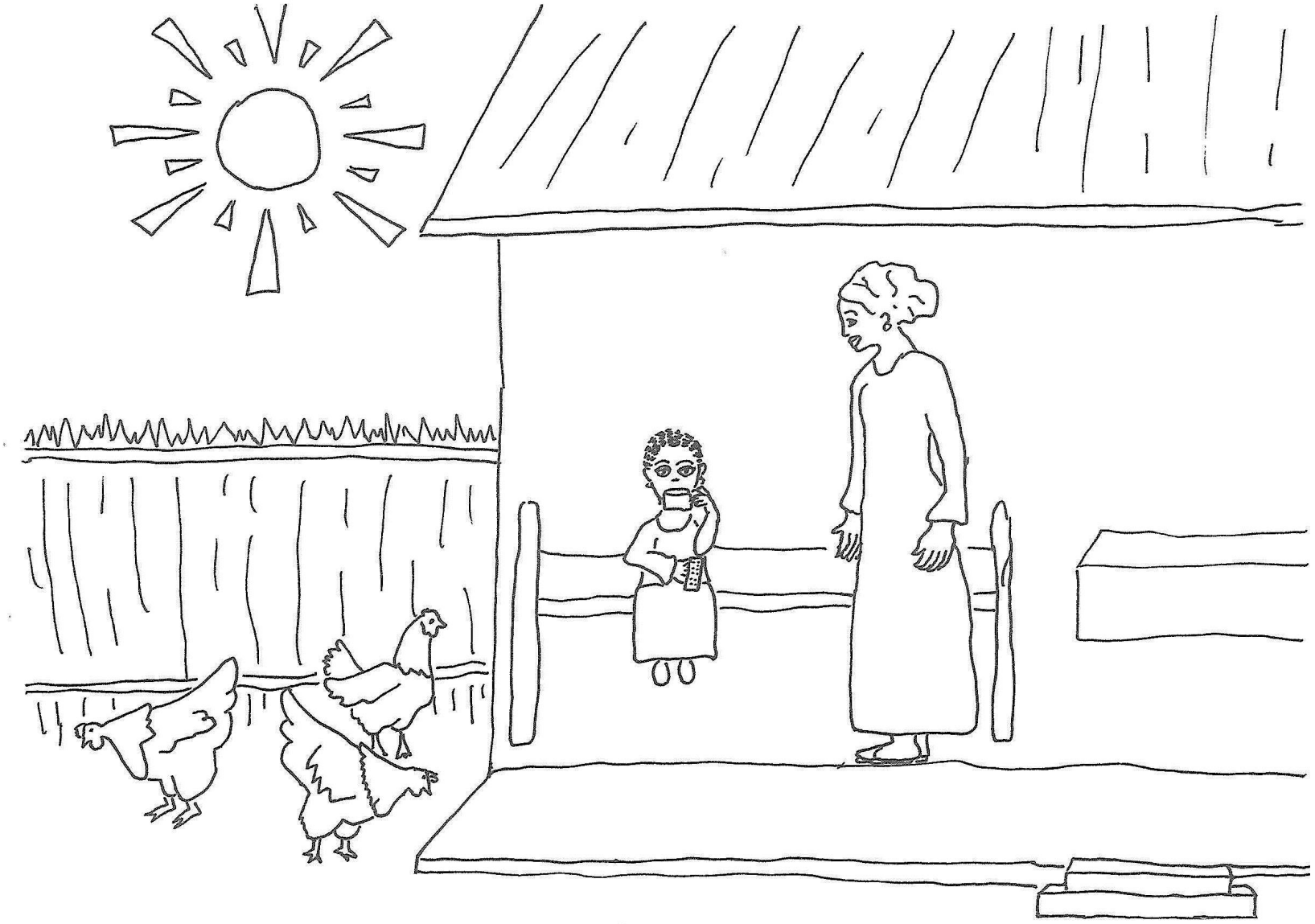


Sibongile ubuyiselwa esibhedlela kudokotela, make wakhe ufuna kuva kabanti kutsi kwentiwayini Sibongile agule njalonjalo uma anatsa emaphilisi akhe.

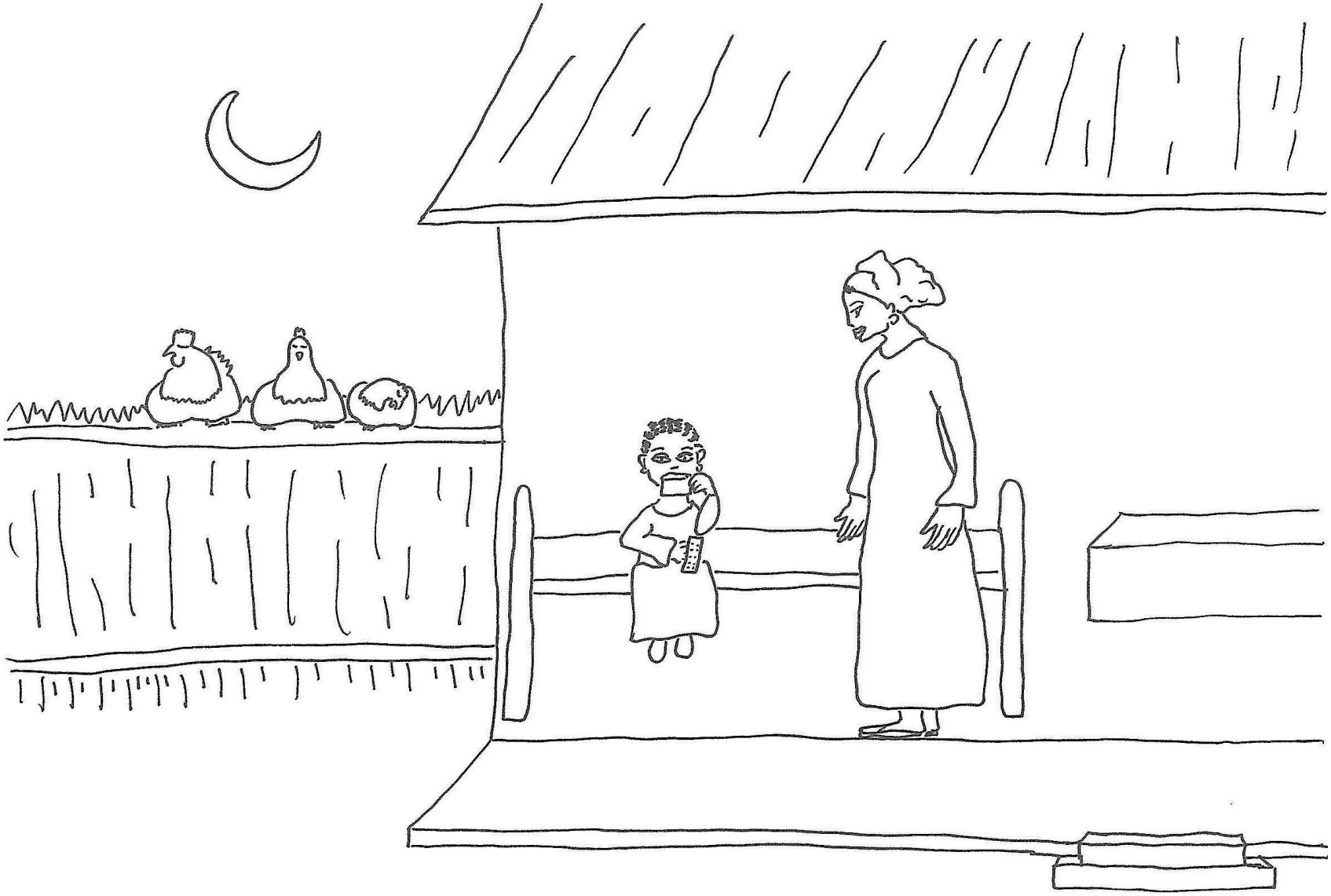


Dokotela uyachazakabanti kutsi-iTB sifo lesiyingoti, yingakonje luhlobololunyentana lwemaphilisi kumele lunatfwe kute kulapheke sifo sesifuba sengati.

Ngalesinye sikhatsi kelamaphilisi angamenta Sibongile agule, kodwa uma angachubeka Sibongile anatse kahle emaphilisi akhe angalincoba leligciwane lesifuba sengati aphile.



Dokotela utsi Sibongile angawanatsa emaphilisi akhe ekuseni.

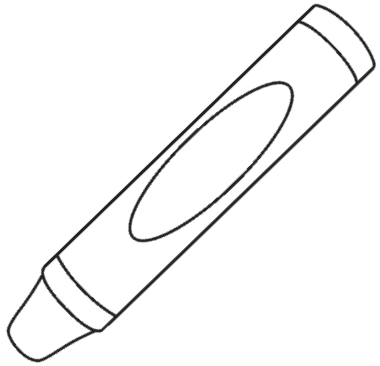


Angawanatsa nasebusuku. Loku kungasita sisu saSibongile sibencono.

Madvutane nje Sibongile sotiva ancono emtimbeni, sowuphindze ubuyele ekudlaleni nebangani bakhe.

Sibongile akawapholoti emaphilisi akhe njengoba dokotela amutjela, kwenta siciniseko kutsi leligciwane lesifuba sengati uyalehlulekisa.

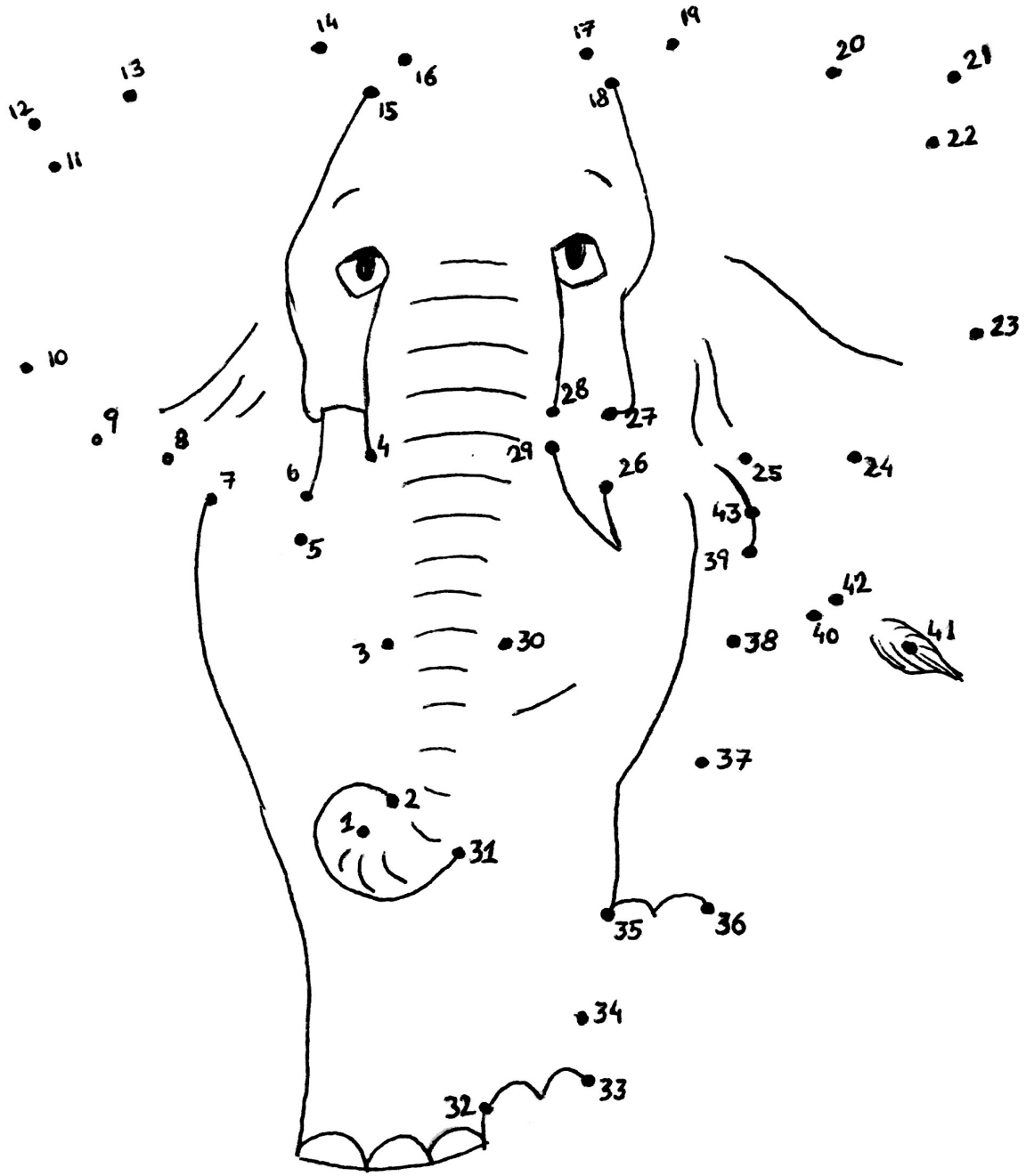
Khuluma ngesikhatsi lapho khona weva usaba noma ungakajabuli. Yini leyakwenta utive soncono? Ungati dvweba yini tintfo letikwenta utive uncono?

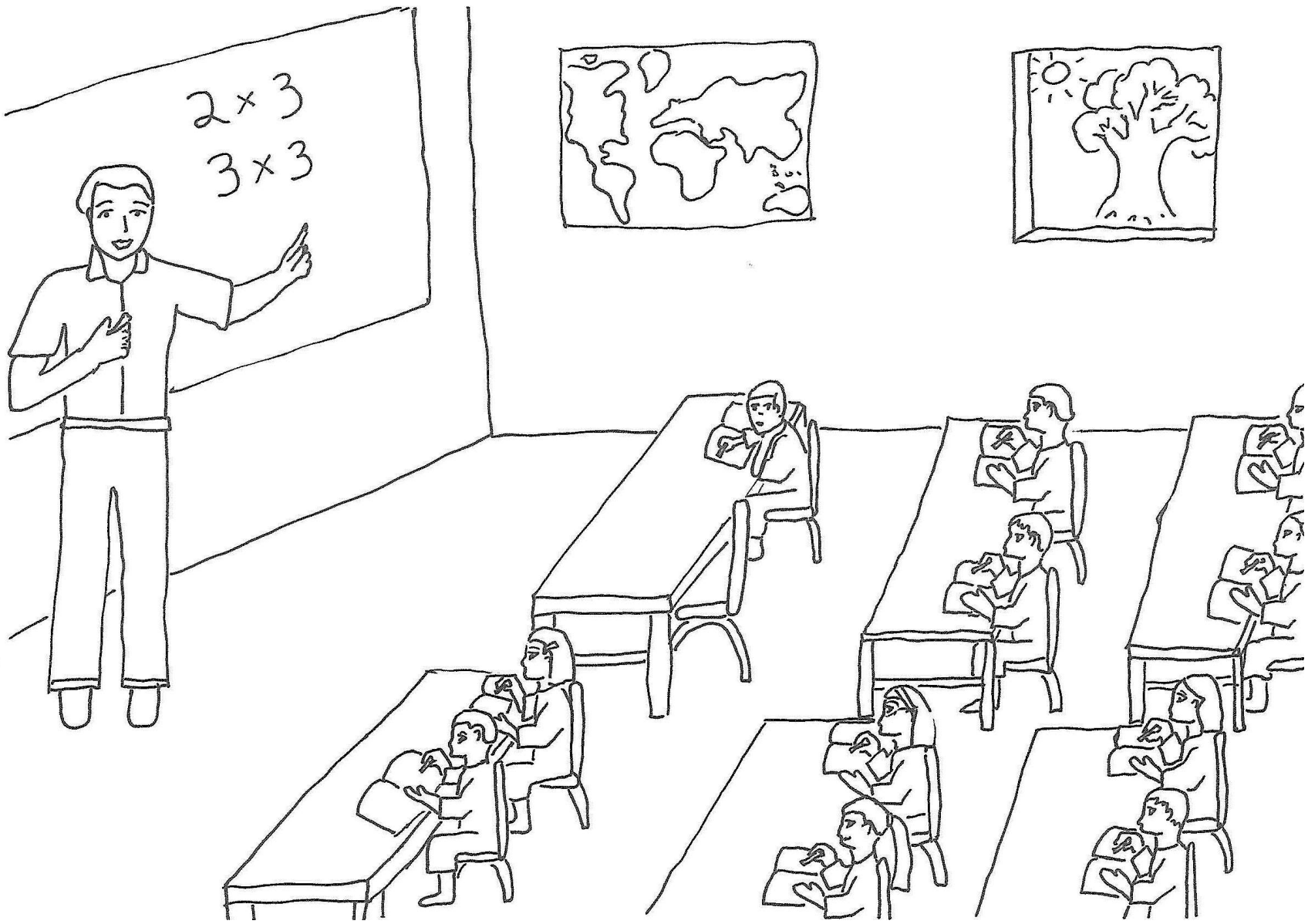


Ungakhuluma yini ngesikhatsi lapho khona wake wabanebulukhuni kwenta intfo letsite, kodwa wagcine uphumelele? Unga dvweba yini kutsi loko kwakwenta wativa unjani?

Unga dvweba yini tintfo longatenta uma ungafuni kunatsa emaphilisi akho?

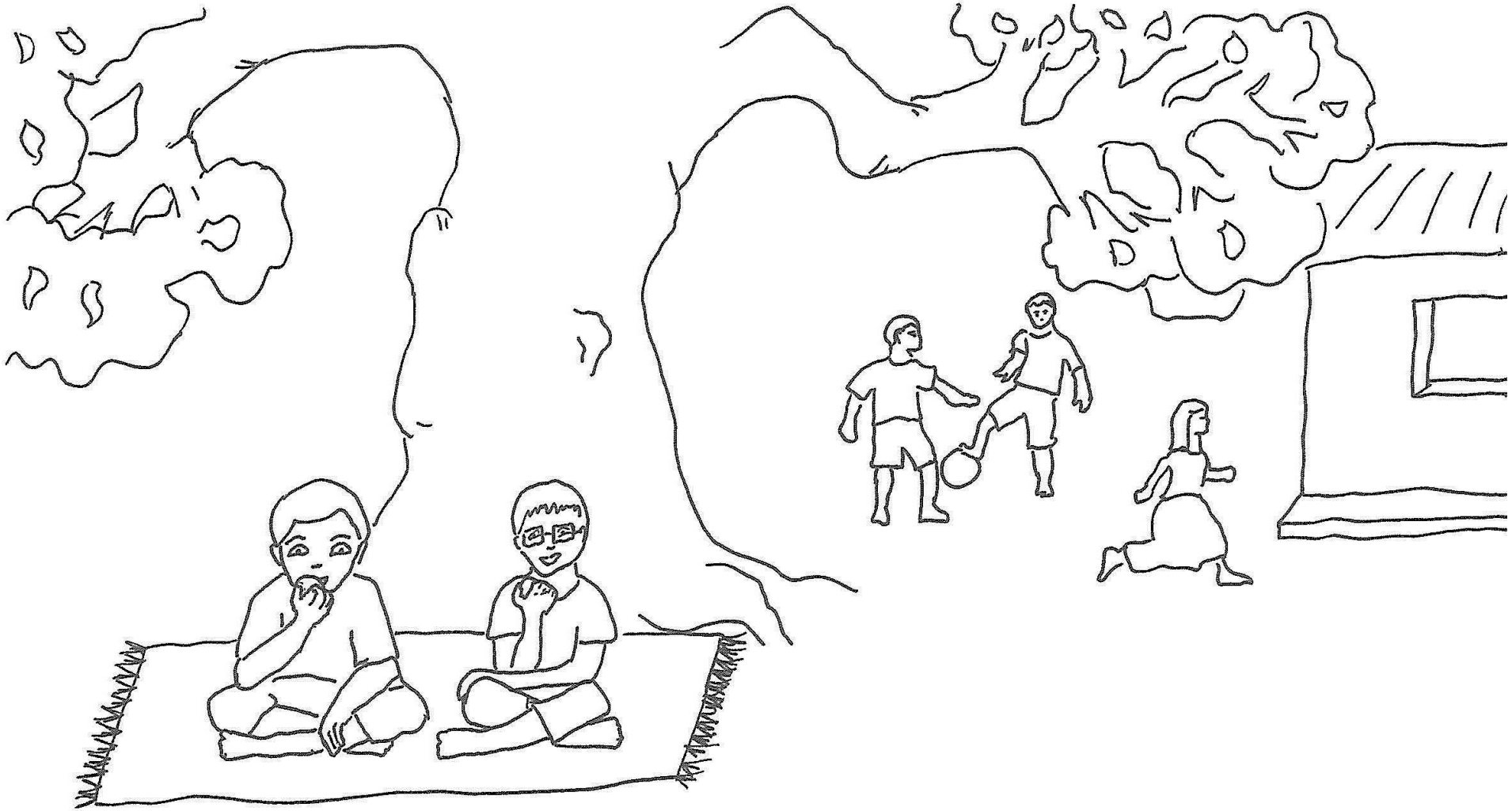
Umdvwebo Wekulandzelana Kwetinombolo



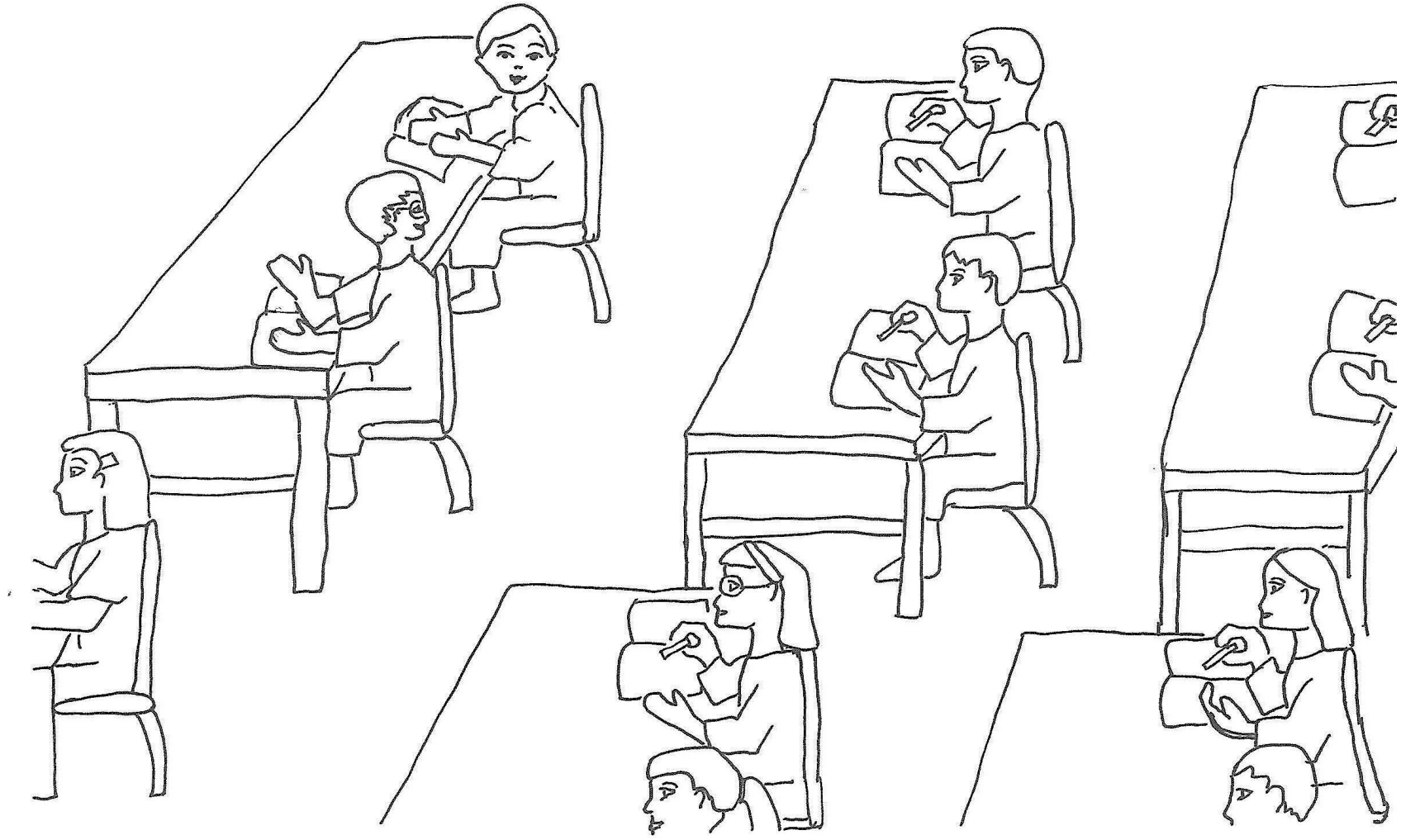


Linda ukhumbule umngani wakhe Zweli.

Zweli wagcina esikolweni ngesikhatsi agula aphetfwe ngumkhuhlane, akhwehlela anemadlala entsanyeni.



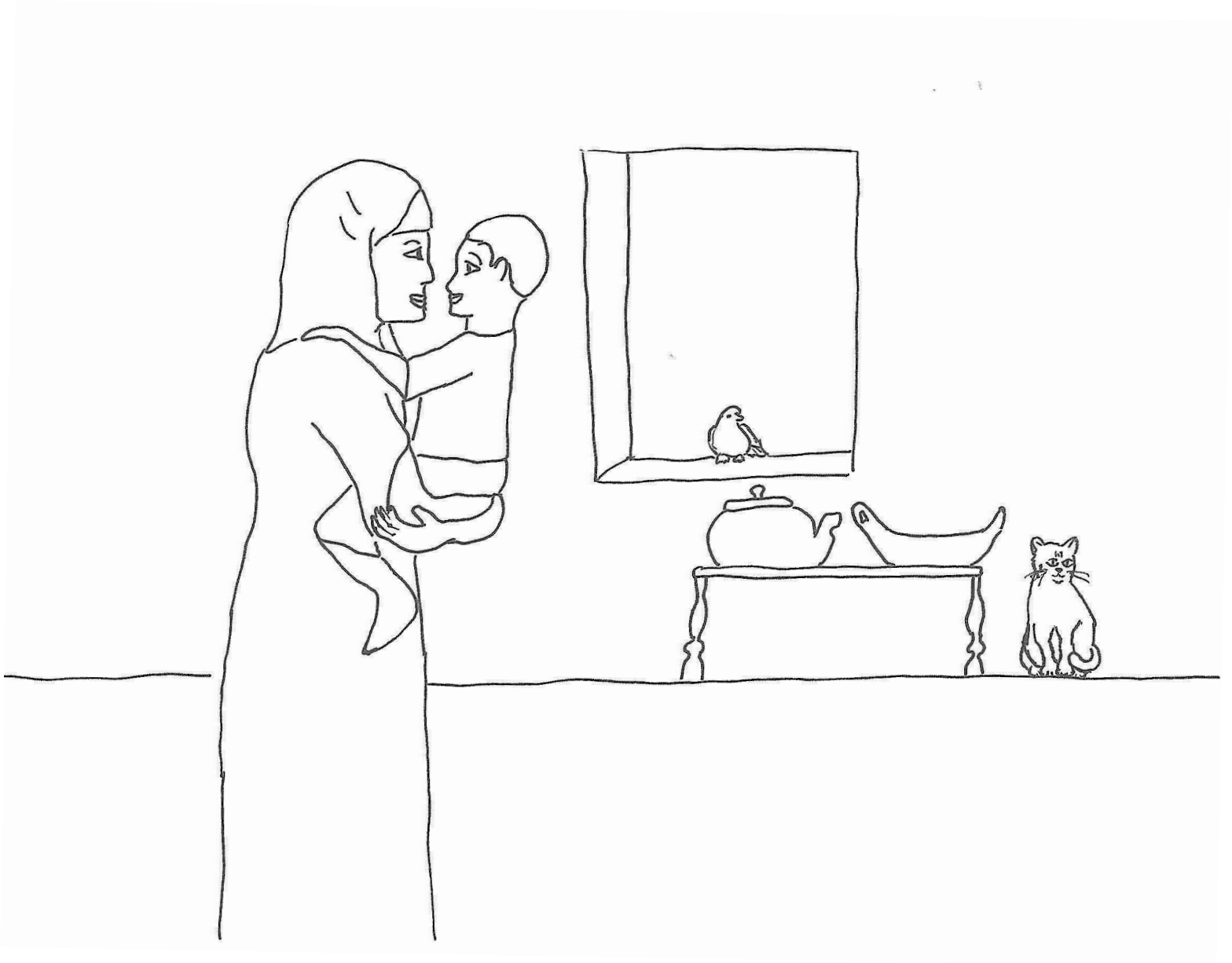
Ngalelinye lilanga abuye Zweli esikolweni. Linda ujabulile. Zweli ubukeka aphilile.



Zweli ucocela Linda kutsi abegula anesifo sesifuba sengati kodwa uyawanatsa emaphilisi akhe ngikonje ativa ancono. Dokotela umutjele kutsi angeta esikolweni ngoba u- “AFB smear negative”, lokusho kutsi akasakhwehleli lokuneligciwane lesifuba sengati nalabanye bantfu ngeke basatfola kugula kuye.

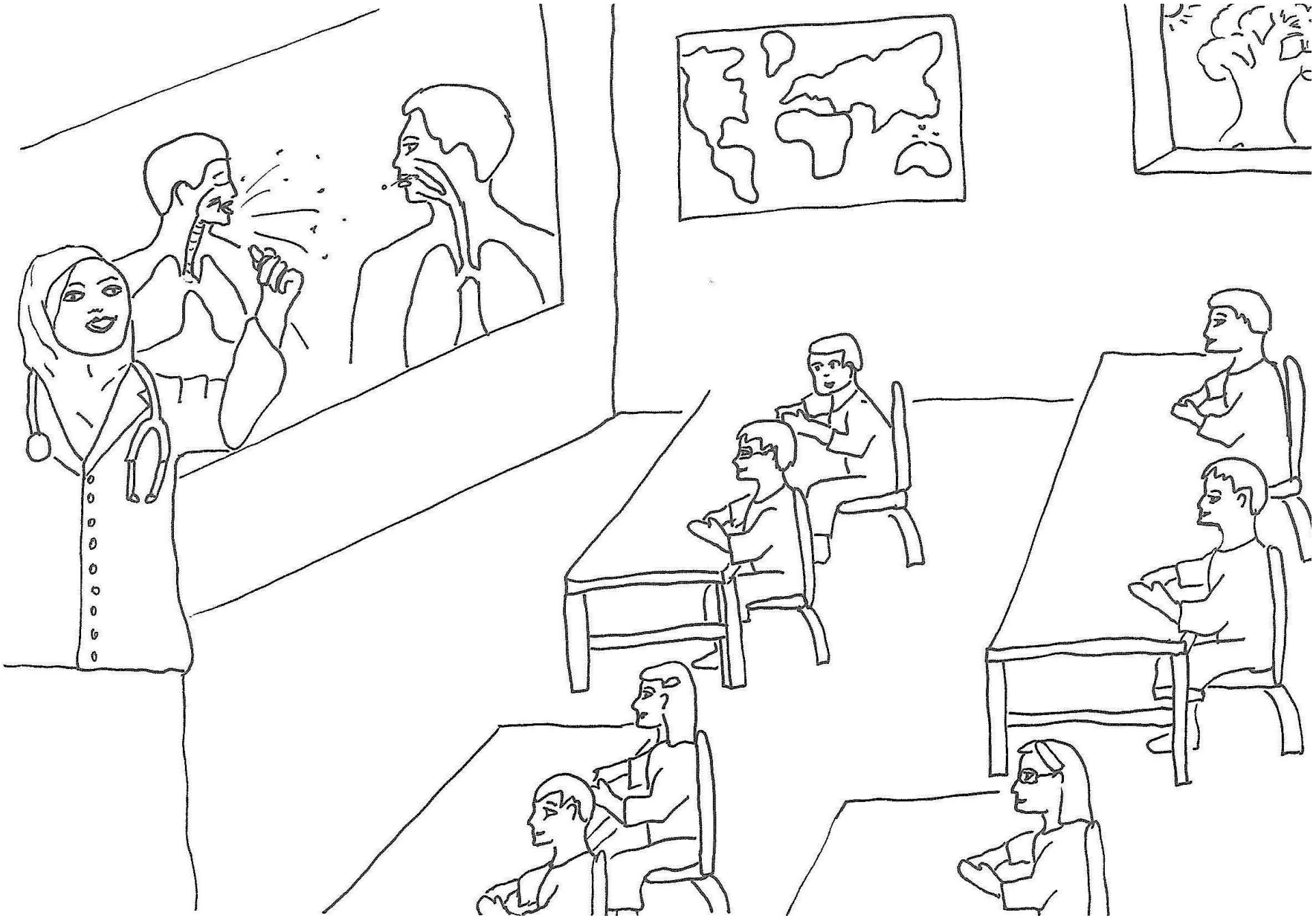
Kodwa ke lalabanye bantfwana esikolweni abadlali naZweli. Batsi utabatselela kugula.

Linda uvabuhlungu ngaZweli. Linda ucocela make wakhe kutsi yini angajabuli.



Make waLinda ungu-nesi. Utsi asikho sidzingo sekutsi Zweli angakhoni kudlala nalabanye bantfwana.

Make waLinda uta esikolweni utofundzisa ngeligciwane lesifuba sengati.

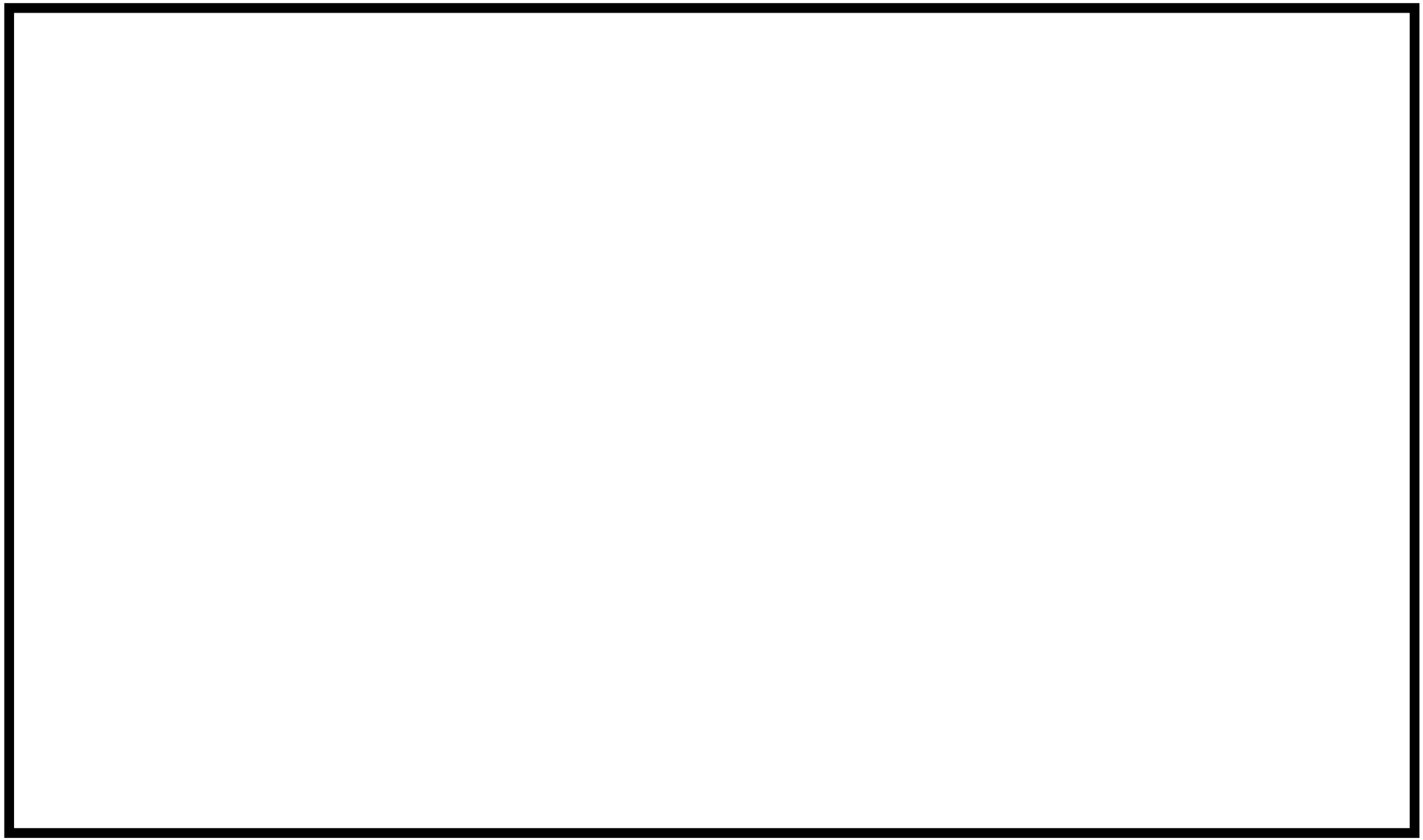


Make waLinda uchazela bafundzi kabanti ngesifo sesifuba sengati kutsi ungasihabula uma usondzelene dvutane nemuntfu lonalesifo futsi akhwehlela.

Kodwa nangabe lomuntfu lonalesifo awanatsa kahle emaphilisi, alulama, futsi dokotela asho kutsi kuphephile kubuyela kwakhe esikolweni, lapho-ke angeke abatselele labanyebantfu.

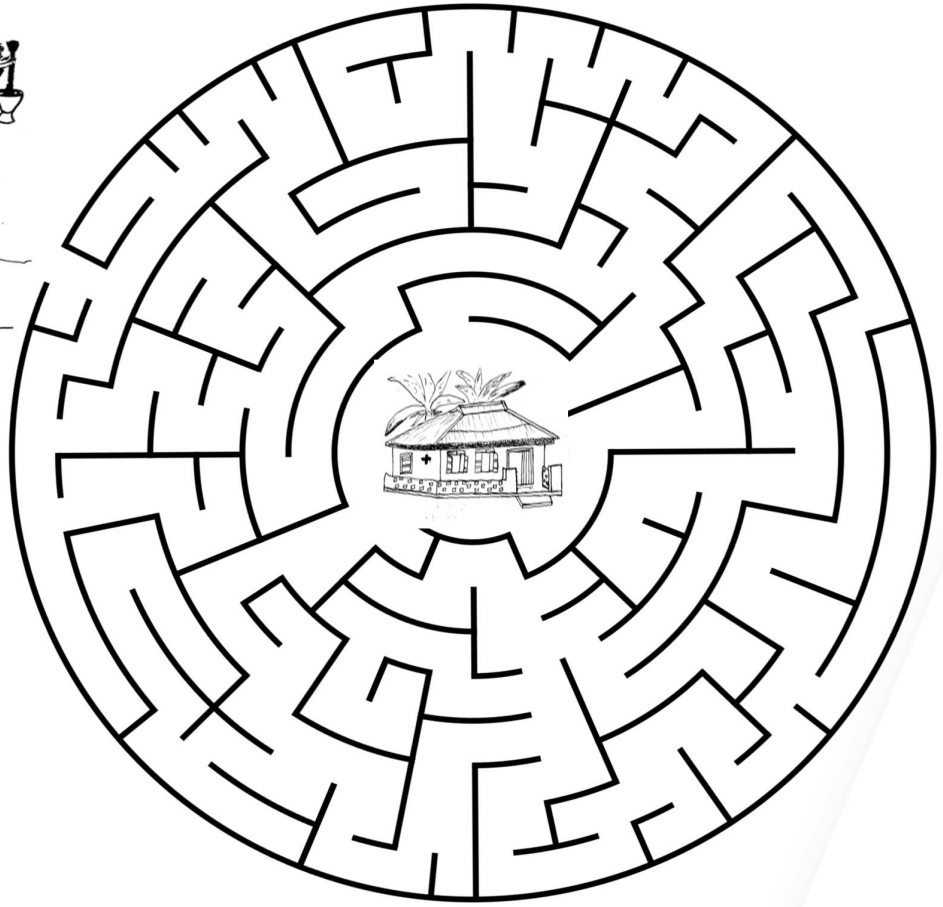
Nyalo wonkhe umuntfu soyati kabanti ngalesifo sesifuba sengati.
Bafundzi sebayakhona kudlala naZweli ngekwenjwayelo.
Wonkhe muntfu ujabulile.

Ungadvweba yini tintfo lototenta uma ululama?



Ungamucocela ini umngani wakho lobekanesifo sesifuba sengati? Ebe bewunemngani lonesifo sesifuba sengati, lohlalanjalo angakajabuli, ungameluleka kanjani nje kute ative ancono? Ungati dvweba yini tintfo longatenta nemgani wakho?

Funa indlela yakho kusuka ekhaya ute ufike emtfolamphilo



Maze Designed by: http://www.mazegenerator.net/

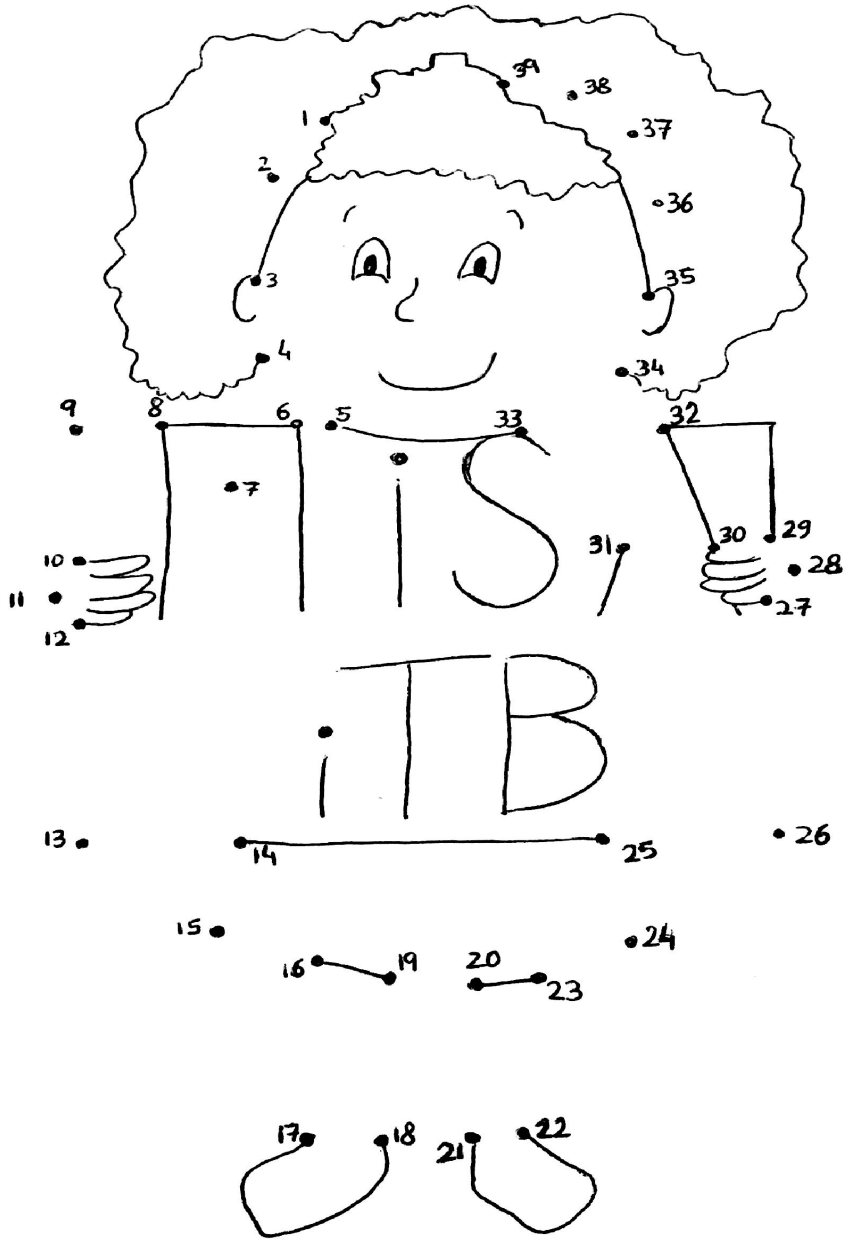
Funa Ligama

N	H	E	A	I	Q	U	S	P	E	C	I	A	L	Q	C	K	M	I	J
U	A	T	U	B	E	R	C	U	L	O	S	I	S	R	M	E	D	T	V
R	K	P	O	U	J	K	O	E	R	A	T	S	P	U	T	K	A	N	S
D	M	P	S	W	A	Z	B	M	I	T	U	C	U	Z	A	C	F	D	C
B	C	I	L	F	A	L	O	E	V	F	B	Z	T	V	T	O	O	F	U
E	L	D	X	U	M	C	Y	D	T	Z	F	A	U	Q	G	O	C	M	F
R	I	A	G	M	R	I	S	I	H	Z	K	J	M	W	B	L	T	P	E
C	N	U	R	S	E	A	W	C	F	B	S	N	O	L	E	I	A	T	G
U	I	B	A	M	H	G	U	A	N	T	G	D	S	D	O	C	T	O	R
L	C	U	D	E	O	D	L	T	N	E	V	I	L	H	A	R	N	H	A
P	T	S	I	K	C	M	R	I	A	C	I	Y	H	E	A	L	T	H	Y
M	B	V	F	V	I	N	F	O	B	I	A	M	S	P	E	C	I	A	L
A	S	W	A	Z	I	L	A	N	D	D	H	I	C	G	B	O	L	M	H

TUBERCULOSIS
MEDICATION
SPUTUM
NURSE
DOCTOR
CLINIC
HEALTHY
SWAZILAND
I AM SPECIAL

Umdvwebo Wekulandzelana Kwetinombolo

Umdvwebo Wekulandzelana Kwetinombolo



Sentinel Project

on pediatric drug-resistant tuberculosis

GLOBAL TB PROGRAM

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The Sentinel Project on Pediatric Drug-Resistant Tuberculosis
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Global TB Program at Texas Children's Hospital, Baylor College of Medicine
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