WE CAN DEFEAT TB!

A book of stories and activities to learn about tuberculosis
WE CAN DEFEAT TB!

A book of stories and activities to learn about tuberculosis

Written and illustrated by Elizabeth Harausz. Activities by Agnès Hernàndez-Grande and Rachel Golin. Design by Carly Rodriguez.
Angeline doesn't feel well. She is tired and doesn't want to play with her friends.
Angeline coughs a lot and has a fever. Her mom is worried.
Angeline’s mom takes her to the doctor. He says Angeline has tuberculosis. She must take medicine every day.
Angeline tries to take her medicines, but they make her stomach hurt.
Angeline starts to hide from her mom when it’s time to take her medicine.
Angeline’s mom takes her back to the doctor to ask why Angeline feels sick when she takes her medicine.
The doctor says that because tuberculosis is a strong disease, several medicines need to be taken for a long time to beat tuberculosis.
Sometimes these medicines can make Angeline feel sick, but if Angeline takes the medicines she will beat tuberculosis and get better.
The doctor says Angeline can take some medicines in the morning...
and some medicines at night. This helps Angeline’s stomach feel better.
Soon Angeline feels better and is playing with her friends again.
Angeline still remembers to take her medicine every day, for as long as the doctor told her, until the tuberculosis is beaten.
Think about a time when you felt frightened or sad. What made you feel better? Can you draw some things that make you feel better?
Can you draw about a time that you had something difficult you had to do, and you succeeded? Can you draw how that made you feel?
Can you draw some things you can do when you don’t want to take your medicines?
Connect the dots to finish the picture
Yakub misses his friend Asad. Asad has been gone from school since he got sick.
Asad was sick with fevers, cough, and swollen bumps on his neck.
Then one day Asad returns to school. Yakub is very happy. Asad looks well.
Asad tells Yakub that he was sick with tuberculosis but he is taking his medicine and now he feels much better. The doctor told Asad he could come back to school because he is “AFB smear negative”, which means he is no longer coughing up TB germs and other people won’t get sick from him.
But the other children at school won't play with Asad. They say Asad might make them sick.
Yakub feels sad for Asad. Yakub tells his mom why he is sad.
Yakub’s mom is a nurse. She says there is no reason why Asad can’t play with the other children.
Yakub’s mom comes into school to talk about tuberculosis.
She tells the class that tuberculosis is a disease that you can breathe in if you are standing close to someone who has tuberculosis and is coughing.
But if the person with tuberculosis takes their medications, feels well, and the doctor tells them it is safe to go back to school, then they can’t give tuberculosis to other people.
Now everyone understands tuberculosis much better. They know they can play with Asad like normal. Everyone is happy.
Can you draw some things you will do when you get better?
If you had a friend with tuberculosis, and they felt sad, what could you tell them to help them feel better? Can you draw some things you would do with your friend?
Find your way from home to the clinic

Maze Designed by: http://www.mazegenerator.net/
Connect the dots to finish the picture
The Sentinel Project on Pediatric Drug-Resistant Tuberculosis
www.sentinel-project.org

Global TB Program at Texas Children’s Hospital, Baylor College of Medicine
www.globaltbprogram.org