# Treatment of DR-TB in children and preventive therapy for children exposed to DR-TB

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# **Diagnosis : M/XDR-TB in children**

- DR TB is a microbiological diagnosis
- In children often difficult (paucibacillary TB):
  - Confirmed if DR *M. tuberculosis* strain is isolated from a child
  - Probable DR-TB if known contact with an adult DR PTB case (>78-90% concordance in several studies)
  - Suspect DR-TB if:
  - a child gets worse on Rx, failing <u>adherent</u> Rx
  - an adult source case with unknown DST result is a treatment failure, a retreatment case or died of TB during adherent Rx

# Not all resistance is MDR/XDR

Focus today is on MDR-TB and more (e.g. XDR-TB) However, consider the following:

- INH monoresistance/polyresistance: RIF and PZA most likely still susceptible, but need at least one more bactericidal drug if diagnosed early. Ethionamide resistance if *inhA* promoter region mutation. Consider drug-penetration in CSF if TBM/miliary TB
- RIF monoresistance:

Becoming more prevalent; majority of these not resistant to other drugs.

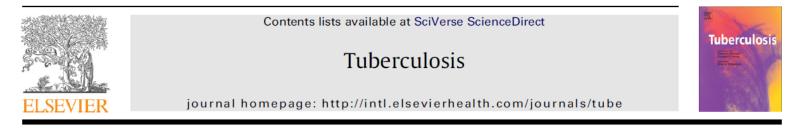
Beware interpretation of Xpert MTB/RIF as RMR!!! Keep INH, add FQN, EMB and other depending on extent of disease – many will treat as MDR-TB

# **Principles of childhood MDR-TB Rx**

- Confirm the MDR-TB in the child if at all possible
- If MDR-TB is confirmed, also do DST for 2<sup>nd</sup>-line drugs
- Management at a specialized MDR-TB clinic
- Use the adult index case's isolate DST pattern if no isolate from child is available. (Standardised MDR-TB treatment if empirical treatment for treatment failure)
- DOT with daily treatment only in DR-TB
- Counsel patients/parents at every visit for support, about adverse events, and importance of adherence
- Follow-up is essential; clinical, radiological and cultures

# **Principles of childhood MDR-TB Rx**

- Give 4 or more drugs to which the patient's isolate is susceptible and/or naïve (depends on extent of disease and availability of drugs)
- Be aware of the different drug groups and crossresistance (and co-resistance) amongst these drugs
- 2<sup>nd</sup>-line drugs are generally more toxic than 1<sup>st</sup>-line drugs
- Adverse effects more difficult to assess in children, but screen regularly
- Not complete if I don't add: NEVER add one drug to a failing regimen



REVIEW

#### Paediatric use of second-line anti-tuberculosis agents: A review

James A. Seddon<sup>a,b,\*</sup>, Anneke C. Hesseling<sup>a</sup>, Ben J. Marais<sup>c</sup>, Helen McIlleron<sup>d</sup>, Charles A. Peloquin<sup>e</sup>, Peter R. Donald<sup>f</sup>, H. Simon Schaaf<sup>a,f</sup>



Tuberculosis. 2012; 92: 9-17

# Building a regimen: Drugs in M/XDR-TB Rx

- Group 1: 1<sup>st</sup>-line drugs susceptibility to EMB, PZA?
- Group 2: A 2-nd line injectable drug, kanamycin, amikacin or capreomycin: high rates of cross-resistance
- Group 3: A fluoroquinolone OFX, LFX or MFX. Best of 2<sup>nd</sup>-line drugs available
- Group 4: Other oral 2<sup>nd</sup>-line drugs in combination:
  - Ethionamide/prothionamide (inhA mutation?)
  - Terizidone/cycloserine
  - PAS
- Group 5:
  - high-dose INH as added drug in Iow-level INH resistance (or *inhA* promoter region mutation)

- reserve drugs for XDR-TB – especially linezolid, clofazimine



Absence of child-friendly drugs and dosages

11-month-old with morning tablets MDR-TB Rx

Difficult to accurately break tablets to correct dosage.

Also receives an injectable

# **Dosages for 2<sup>nd</sup>-line drugs in children**

- Only recently PK studies done in children ongoing, therefore watch this space!
- 2<sup>nd</sup>-line Injectable drugs: IM or IV high concentrations achieved with amikacin at 20mg/kg in children compared to adults at 15mg/kg: Suggested dosage 15-20mg/kg/day

M	VX

		C <sub>max</sub> (μg/ml)			T <sub>max</sub> (h)		AUC <sub>0-8</sub> (µg∙h/ml)				
	Ν	Median (IQR)	p-value	Ν	Mean (SD)	p-value	Ν	Median (IQR)	p-value		
Age group											
0-2 years	6	43.65 (42.20 - 49.20)		6	1.00 (0.00)		6	103.85 (96.80 - 119.10)			
2-5 years	7	49.10 (40.70 - 59.20)		7	1.14 (0.38)		7	124.15 (97.75 - 162.05)			
6-15 years	15	49.60 (40.30 - 56.40)	0.845	15	1.13 (0.35)	0.593	14	159.25 (124.20 - 179.48	0.016		

<b>Drugs for treatment of MDR-TB</b>									
Group 3: Fluoroquinolones – PK data still needed in all									
Drug	Daily	Unit size							
Drug	mg/kg	Maximum	in mg						
Fluoroquinolones:↔									
- Ofloxacin	<b>15-20</b>	800mg	200/400						
<ul> <li>Levofloxacin*</li> </ul>	<b>15-20</b>	1000mg	250/500						
- Moxifloxacin	7.5-10	<b>400mg</b>	400						
- Ciprofloxacin (Ciprofloxacin <u>NOT</u> recommended)	30-40	<b>2.0g</b>	250/5ml 250/500						

# 2<sup>nd</sup>-line anti-TB drugs

### **Group 4: Second-line oral bacteriostatic drugs**

Drug	Daily	Unit size	
Drug	mg/kg	Maximum	in mg
Ethionamide/ Prothionamide	15-20	1.0g	250
Cycloserine/ Terizidone	15-20	750 mg	250
PAS (para-aminosalisylic acid)	1 <b>50-200</b>	8-12.0g	4 g sachets

# 2<sup>nd</sup>-line or reserve anti-TB drugs

#### **Group 5: Drugs of <u>unclear role</u> in DR-TB treatment**

Drug	Daily dosage					
Drug	mg/kg	Maximum				
Linezolid	10 mg/kg/dose 12 hrly	300-600/day				
Clarithromycin	7.5 mg/kg/dose 12 hrly	1000/day				
Amoxicillin/ Clavulanic acid	25 (amox) mg/kg/dose 8 hrly					
Clofazimine	3-5mg/kg daily	100/day				
Thioacetazone	Not available – not in H	IV-infected				
Imipenem/ cilastatin	20-40mg/kg IV every 8 hours	6000				



#### S4 PASER

Delayed-Release Granules 4 g p-aminosalicylic acid

Store in a refrigerator (2 °C – 8 °C). Avoid excessive heat.

PASER packets may be stored at or below 25°C for not longer than 7 days.

#### KEEP OUT OF REACH OF CHILDREN

Pharmaplan (Pty) Ltd

Reg. No./Nr.45/20.2.3/0037:

## MDR-TB Weight-Based Dosing Chart for Children

	Group	I: Oral first	line anti-T	'B drugs	Group 2:	Group 3: Fluoroquinolones		Group 4: Oral bacteriostatis agents				nts	Group 5:		Ī																					
	Ethan	nbutol	Pyrazir	namide	Injectable	Levofi	oxacin	Moxifi	oxacin	Offoxacin	Cycloserine	a/Terizidone	P)	AS	Protionamide/ Ethionamide	Anti-TB	Isoniazid High Dose	Ī																		
Target Dose	(15-25	mg/kg)	(30-40	mg/kg)	anti-TB drugs	(15-20	mg/kg)	(7.5-10	(mg/kg)	(15-20 mg/kg)	(15-20	mg/kg)	(150-20	0 mg/kg)	(15-20 mg/kg)	drugs with unclear	(15-20 mg/kg)	Target Dose																		
Available Formulations	100 mg tablet	Suspend 400mg tab in 8 mL of water for a 50 mg/mL suspension	400 mg tablet	500 mg tablet	(injectable agents or parental agents)	250 mg tablet	25 mg/ml. suspension	400 mg tablet	20 mg/mL suspension	200 mg tablet	250 mg capeule	1 capsule in 10 mL water	Delly	Twice Daily	250 mg tablet	efficacy or unclear role In MDR-TB treatment	100 mg tablet	Available Formulation																		
(w) Consult with a clinician experienced in pediatric MDR-TR prescribing for peopates (<28 days of age) and infants weighing <3 kg											Wt (kg) <3																									
3-3.9			.25 tab		To illustrate dose	.25 tab	2.5 mL		1.5 mL		.25 cap	2.5 mL	500 mg	250 mg	.25 tab	Group 5 druga	.5 tab	3-3.9																		
4-4.9	1 tab	2 mL		.25 tab	calculation, take the example of				2 mL	.5 tab			1000 mg	500 mg		are not recommended		4-4.9																		
6-6.9	T tab	2 111			a child that weighs 6.9 kg.	.5 tab	5.0 mL		2.5 mL	.5 (a)	E	5 mL			.5 tab	by the WHO for routine use in	1 tab	6-8.9																		
7-7.9			.5 tab		Both the low and high doses	.o tab	5.0 mL	not			.5 cap	OML	1500 mg	750 mg	.o tab	MDR-TB treatment	1 tato	7-7.9																		
8-8.9	-			.5 tab	for the child's weight are			recommended								because their contribution to		8-8.9 9-9-9																		
10-10.9	2 tabs	4 mL			calculated.	.75 tab	7.5 mL				.75 cap	7.5 mL	2000 mg	1000 mg	.75 tab	the efficacy of MDR regimens	2 tabs	10-10.9																		
11-11.9				L	For kanamycin: Low dose: 15 mg/kg x 6.9 kg				5 mL	1 tab			2000 mg	1000 mg		is unclear. Their role in pediatric MDR-	2 1005	11-11.9																		
12-12.9			1 tab		= 103 mg High dose: 30										ł	TB treatment is even less clear.		12-12.9																		
14-14.9	3 tabs	6 mL			mg/kg x 6.9 kg 207 mg	1 tab	10 mL				1 cap	1 cap	2500 mg	1250 mg	1 tab	Most of these drugs are		14-14.9																		
15-15.9				1 tab	A convenient dosing is then										ļ	expensive, and some require		15-15.9																		
18-16.9					chosen between the				7.5 mL							intravenous administration.	3 tabs	16-16.9																		
18-18.9			1.5 tabs		two numbers.				1.0 112	1.5 tabs			3000 mg	1500 mg		and/or have severe side		18-18.9																		
19-19.9	]				Select a dose between the								_			effects. However, they		19-19.9																		
20-20.9 21-21.9	4 tabs	8 mL			two numbers and towards the	1.5 tabs	15 mL	.5 tab			1.5 caps	15 caps			1.5 tabs	can be used in cases where		20-20.9																		
21-21.9	4 tabs	OTHE		1.5 tabs	higher number. In this case,			.0 (a)					4000	0000		adequate regimens are		21-21.9																		
23-23.9			2 tabs		choose: 200 mg per day,				10 mL	2 tabs			4000 mg	2000 mg		impossible to design with the	4 tabs	23-23.9																		
24-24.9			2 1405		single dose.			2 tabs							medications from Groups 1-		24-24.9																			
25-25.9 28-28.9					Calculate the number of mL to										4. They should be used in		25-25.9 26-26.9																			
27-27.9				draw u pin the		2 tabs 20 r	20 mL				2 caps	2 caps 20 mL	0 mL 5000 mg	0 mg   5000 mg	9 2 tabs	consultation with an expert	Etabe	27-27.9																		
28-28.9	5 tabs	10 mL	2.5 tabs	2 tabs	on the mormL concentration of																							12.5 mL					ļ	in the treatment of DR-TB.	5 tabs	28-28.9
29-29.9					the preparation.	or provoctive		concult with	averate ex	anding onti	and requires	construction	6000 mg	6000 mg				29-29.9																		
				The d	loses of isor	or preventiv niazid, etham	butol, and f	luoroquinolo	nes for prev	ventive regin	narregimen nens are the	e same as in	this dosing	chart.																						
Ø. T8	The doses of isoniazid, ethambutol, and fluoroquinolones for preventive regimens are the same as in this dosing chart.																																			

Sentinel	Group 2	Steptomycin	Amikacin	Kanamycin	Capreomycin
Project	Daily Dose	20-40 mg/kg once deily	15-20 mg/kg once delly	15-20 mg/kg once dely	15-20 mg/kg once deily
inel-project.org	Maximum Daily Dose	1000 mg	1000 mg	1000 mg	1000 mg

Group 5	Ciofazimine (CFZ)	Amoxicillin-clavulanate (AMX-CLV)	Meropenem (MPN)	Linezolid (LZD)	Clarithromycin (CLR)
Daily Dose	2-3 mg/kg once delly; if the chill is <25kg give 100mg every second day	80 mg/kg in two divided doses based on the amoxicilin component	20-40 mg/kw IV every 8 hours	10 mg/kg dose twice daily for children <10 years of age 300 mg daily for children >10 years of age (also give vitamin B8)	7.5 mg/kg twice daily
Maximum Daily Dose	200 mg	4000 mg emoxicillin and 500 mg clevulanete	6000 mg	600 mg	1000 mg

Chart developed by Chelsie GawneMark

# What about the new drugs?

Bedaquiline (TMC207): Janssen Pharmaceutical

- A diarylquinoline unique mechanism of action inhibits ATP synthesis - results in bactericidal activity
- Provisionally approved by FDA for use in MDR-TB in addition to current MDR-TB regimen – in adults >18 yrs
- A strange drug with  $t_{1/2}$  of >5 months
- No dosage established for children yet. Now phase 3 studies and planning child PK studies

Delamanid (OPC-67683): (Otsuka Pharmaceutical)

- A new Nitro-dihydroimidazo-oxazole derivative
- No cross-resistance with any current used anti-TB drugs
- Phase 2 b trials done
- No dosages or PK for children yet, but study ongoing

# Adherence (and support)

- Treatment in hospital and in community needs to be observed – children are ingenuous when it comes to making plans how NOT to take their treatment!
- Ask children/caregivers to identify the tablets/capsules and how many of each are taken can check on dosage
- Phone the clinics who dispense the treatment do they collect the drugs regularly or is there DOT?
- Pill counts and other methods may be used
- Most important: identify a reliable caregiver to provide the drugs and observe the child taking it
- Monitor adverse effects and address these, as could lead to defaulting treatment

# Adherence (and support)

- Teenagers notoriously difficult group to adhere to treatment: Communication (clinic staff) and peer pressure (stigma/mocking) – both common problems
- Nutritional support and financial support often required by families – especially if caregivers/parents also ill

# Additional treatment

 Pyridoxine (Vit B6) Levels of B6 remain low in HIV-infected children despite multivitamin supplementation With terizidone and high-dose INH supplementation with pyridoxine recommended

Cilliers K et al. Pyridoxal-5-phosphate plasma concentrations in children receiving tuberculosis chemotherapy including isoniazid. Acta Paediatr. 2010;99(5):705-710

- Cotrimoxazole Outcome of TB/HIV co-infected adults improved if given CTX preventive therapy. Role in TB treatment?
- Start ART early iv HIV-infected within 2 weeks of starting anti-TB treatment
- Nutritional rehabilitation

# **Drug-drug interactions**

- Data on pharmacokinetic interactions between ART and the 2<sup>nd</sup>-line anti-TB drugs are incomplete, therefore unanticipated interactions may occur.
- The potential for clinically important changes in ART or anti-TB drug concentrations is less for 2<sup>nd</sup>-line anti-TB regimens compared to RIF-containing 1<sup>st</sup>-line regimens.
- ART and 2<sup>nd</sup>-line anti-TB drugs have many adverse effects in common.

Seddon et al. Tuberculosis 2012;92:7-12

# **Duration of treatment**

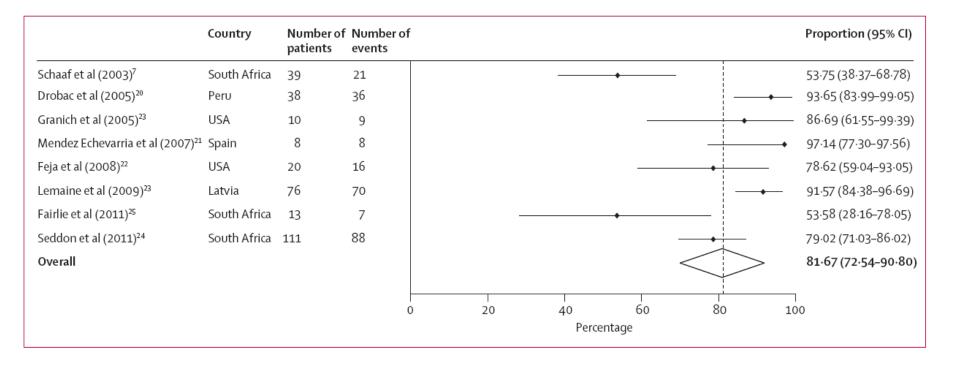
- Optimal duration of treatment in children is not known
- Cavitary or extensive pulmonary TB: as for adults 18 months after first negative culture (XDR-TB possibly longer?)
- Primary, non-cavitary MDR-TB Often culturenegative (paucibacillary): 12-15 months treatment probably sufficient in most cases (contacts of MDR-TB cases)
- Intensive phase including 2<sup>nd</sup>-line injectable drug, continuation phase mainly stop injectable drug
- In carefully selected cases (paucibacillary, no 2<sup>nd</sup>-line resistance) may elect not to use injectable drug

# Table 2Treatment and outcome in children treated for MDR-TB(n=149 unless otherwise stated)

Feature/outcome	Variable	Number (%) u otherwise ind	
Admitted to hospital		103 (69.1)	Thorax Online First, published on September 24, 2013 as 10.1136/thoraxjnl-2013-203900 Tubercu
Median duration of admission in months (n=103; IQR)		5 (3–7)	ORIGINAL ARTICLE
Treated with injectable drugs (n=142)*		94 (66.2)	High treatment success in children treated for multidrug-resistant tuberculosis: an observational cohort study
Median duration of injectable drug use (n=94; IQR)		4 (4–6)	James A Seddon, <sup>1,2,3</sup> Anneke C Hesseling, <sup>1</sup> Peter Godfrey-Faussett, <sup>2</sup> H Simon Schaaf <sup>1,4</sup>
Median duration of total treatment (n=137; IQR)†		13 (11–18)	
Median weight gain (IQR; kg)	3 months (n=115)	0.6 (0.2–1.5)	
	6 months (n=102)	1.4 (0.7–2.2)	
	12 months (n=84)	2.9 (1.0–4.0)	
Median number of months to culture conversion (n=40)‡		1 (0.5–2)	
Outcome	Cure Probable cure§ Transferred out	36 (24.2) 101 (67.8) 1 (0.7)	
	Lost to follow	8 (5.4)	
	Died¶	3 (2.0)	

# Treatment outcomes for children with multidrug-resistant $\mathcal{W} \ge$ tuberculosis: a systematic review and meta-analysis

Dena Ettehad, H Simon Schaaf, James A Seddon, Graham S Cooke\*, Nathan Ford\*



Lancet Infect Dis. 2012

# **Management of DR-TB contacts**

- Guidelines vary in opinion
  - NICE, WHO, RSA DOH follow up and isoniazid
  - CDC, ATS, IDSA, AAP regimen containing two drugs to which index case is susceptible
  - ECDC Follow-up with or without preventive Rx
- Few studies have examined the treatment of contacts of cases with MDR-TB (or any other DR-TB) – no RCTs
- Early onset of ART in HIV-infected infants/children is important for both prevention of TB and improved outcome if they develop TB



2009

**Report of the** 

**Committee on** 

Infectious

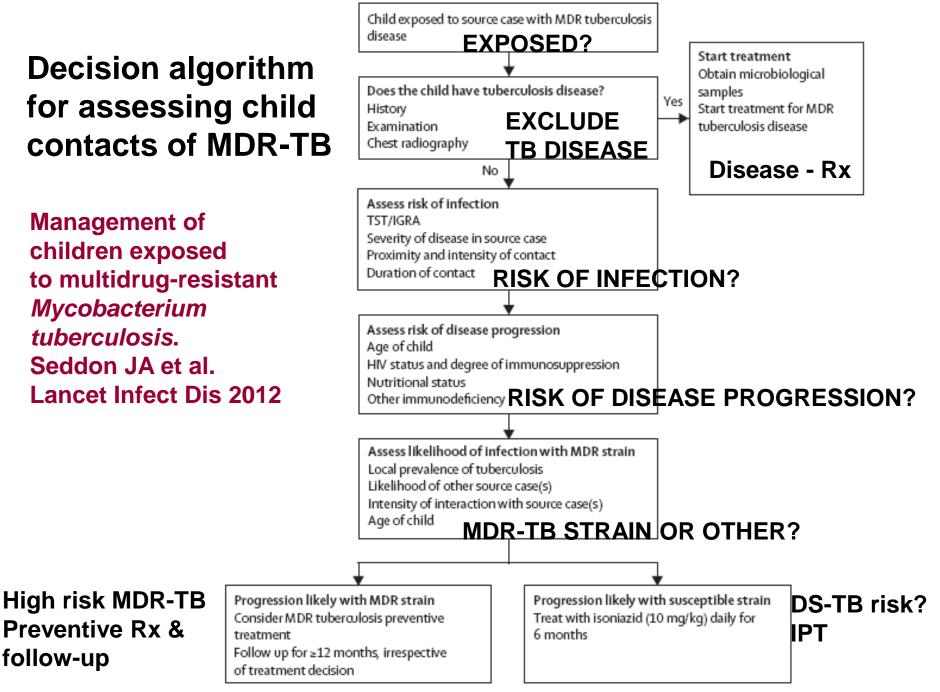


Program in Infectious Disease and Social Change, Harvard Medical School Division of Social Medicine and Health Inequalities, Brigham and Women's Hospital

## **Decision algorithm** for assessing child contacts of MDR-TB

Management of children exposed to multidrug-resistant Mycobacterium tuberculosis. Seddon JA et al. Lancet Infect Dis 2012

follow-up



## WHO 2008 Guidelines for Drug-Resistant TB Management - Update

Key recommendations:

 DR-TB contact investigation should be a high priority



- Consider contact investigation of XDR-TB as an emergency situation
- Close contacts of DR-TB patients should receive careful clinical follow-up

Definition of close contact:

- People living in the same household (adults & children)
- Spending many hours a day together with the patient in the same indoor living space

# WHO Guidelines for Drug-Resistant TB Management - 2008 Update

- Contacts of MDR-TB patients may not be infected with the same strain; some may be infected with isoniazid-susceptible strains, particularly in high-burden areas
- Strain concordance of HH members with TB is high: In adults (50-67%) and in child contacts <5 years (75-88%)</li>
- Close contacts of MDR-TB patients should receive careful clinical follow-up for at least two years
- If active disease is present or develops, prompt initiation of MDR-TB treatment is recommended (<u>empiric MDR-TB</u> regimen, even in adults, if DST and culture not available)
- WHO does not recommend the universal use of secondline drugs for preventive therapy in MDR-TB contacts

# ECDC guidance (2012): Summary

- Expresses support for two different options:
  - preventive therapy and/or
  - careful clinical observation

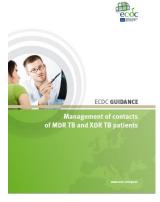


The central principle is that a <u>comprehensive risk</u> <u>assessment</u> should be part of the evaluation of any MDR-TB or XDR-TB contact.

- The individual risk assessment should consider:
  - the MDR-TB contact's risk for progression to TB disease
  - the DST pattern of the source case
  - the risk for adverse events upon initiating preventive Rx
- In case of XDR-TB, available drug regimens are limited and without proven efficacy, thus close observation is likely the only option.

# ECDC Guidance: Summary

- Urgent need for further research, specifically in two areas:
  - studies evaluating the benefit of preventive therapy in MDR-TB and XDR-TB contacts
  - cost-benefit analyses of implementing preventive Rx
- Acknowledge that there are on-going studies which appear to support the use of preventive therapy, but these results need to be confirmed in larger studies and other settings
- Additional drugs may become available for treatment of MDR-TB, which will necessitate an update of this guidance document



## Problems faced with child MDR-TB contacts

- High risk of infection and disease in children <3 years of age, especially breastfeeding infants
- HIV-infected children similar or higher risk
- Extensively drug-resistant (XDR)-TB contacts increasing – which drugs for prevention?
- High TB burden areas:
  - clinical follow-up challenging over long periods
  - >1 source case not uncommon
- Failure of adherent low-dose (4-6mg/kg/d) INH and combination (INH/RMP) preventive Rx common in our experience

# Studies supporting preventive therapy?



# Preventive Rx in MDR-TB contacts systematic review

- Two observational studies met inclusion criteria.
- A prospective cohort study found <u>individualised</u> <u>tailored treatment to be effective</u> for preventing MDR-TB disease in children (OR 0.20, 95%CI 0.04–0.94) (Schaaf et al Pediartrics 2002)
- A retrospective cohort study found <u>INH not to be</u> <u>effective</u> (OR 0.46, 95%CI 0.07–2.32)

Fraser et al. IJTLD 2006

# CDC - Chuuk study, Micronesia

- Contacts of 2 source cases: strain (A) resistant to HRZES; strain (B) resistant to HREth
- Evaluation of MDR-TB contacts: 15 had MDR-TB disease, 5 had DS-TB, and 119 had LTBI with positive TST.
- LTBI contacts were offered preventive Rx. 14 of the 119 cases refused, preventive Rx was initiated in 105 contacts
- A FQN-based regimen was used: FQN alone <u>or</u> in combination with Eth (strain A) or E (strain B)
- All therapy was DOT x 12 months
- 93 completed the MDR preventive Rx <u>no TB disease</u>
- 28 contacts (<u>15 initial</u> screen & <u>11 additionally linked MDR-TB cases</u> in persons not previously identified as contacts, and <u>2 out of 14 who refused preventive therapy</u>) developed MDR-TB disease

Preventive therapy for child contacts of multidrug-resistant tuberculosis: a prospective cohort study

- Aim: To study the tolerability and toxicity of a standard preventive therapy regimen, given to children exposed to MDR-TB, and explore risk factors for poor outcome.
- Method: HEO x 6 months to contacts <5 years or HIV-infected <15 years as preventive therapy</li>

Seddon JA, Schaaf HS, et al. Clin Infect Dis (Advance Access September 24, 2013)

### RESULTS

- 186 children, median age 34 months (IQR: 14-47)
- Of 179 children tested for HIV, 9 (5.0%) were positive
- Adherence was good in 141 (75.8%) children
- Only 7 (3.7%) children developed Grade 3 adverse events
- One child (0.5%) died and 6 (3.2%) developed incident TB during 219 patient years of observation time
- Factors associated with poor outcome were:
  - age <1 year (RR: 10.1; 95%CI: 1.65-105.8; p=0.009)
  - HIV-pos status (RR: 10.6; 95%CI: 1.01-64.9; p=0.049)
  - exposure to multiple source cases (RR: 6.75; 95%CI:
  - 1.11-70.9; p=0.036)
  - poor adherence (RR: 7.50; 95%CI: 1.23-78.7; p=0.026)

# Conclusions

- This three-drug preventive therapy regimen was well tolerated and few children developed TB or died if adherent to therapy.
- The provision of preventive therapy to vulnerable children following exposure to MDR-TB should be considered.

Seddon JA, Schaaf HS, et al. Clin Infect Dis (Advance Access September 24, 2013)

# Preventive Rx for DR-TB contacts

- No RCT available.
- Failure of INH or INH/RMP to prevent MDR-TB reported.
- INH mono-resistance: RMP x 4 mo
- RMP-monoresistance: INH x 6 mo (LPA and Xpert?)
- MDR-TB: FQN & EMB (or ETH) x 6-12 mo (hd INH?)
- Pre-XDR or XDR-TB only hd INH (15-20mg/kg)?
- In both MDR and XDR-TB regular clinical follow-up is indicated: both ECDC and WHO recommends 2 years of follow-up (minimum is 1 year – 95% disease in 1 year).
   Pendulum swinging towards preventive treatment.

# Conclusions

- Appropriate MDR preventive Rx using 2 drugs with/without high-dose INH – could be effective in preventing MDR-TB in children
- There is an urgent need to address this issue in a randomised controlled trial(s)
- Single drug preventive therapy with a FQN (e.g. levofloxacin) or novel anti-TB agent considered ?
- Until such a trial is conducted, routine clinical data collected as part of existing TB control programmes could be useful
- What about XDR-TB contact? Careful follow-up and possibly high-dose INH are probably the only options – treat as XDR-TB if TB develops

- Acknowledgements: Peter Donald, Anneke Hesseling, James Seddon, Tony Garcia-Prats, Robert Gie, Nulda Beyers, Rob Warren, Tommy Victor, other colleagues, Nursing Staff and Research Assistants, the Children and their Parents
- Financial Support: SA National Research Foundation, SA MRC, USAID Treat-TB, NIH



# Why consider high-dose INH?

 In one study, 38 of 45 INH resistant isolates were resistant at 0.1-0.2µg/mℓ but susceptible at 5.0µg/mℓ. Only 7 resistant at 5µg/mℓ or more

Schaaf et al. Eur J Clin Microbiol Infect Dis 2007

- inhA promoter region mutations, which make up 60% of current MDR-TB cases and 80-90% of XDR-TB cases' INH conferring mutations (WC & EC provinces) usually causes low-level INH resistance
- High-dose INH at 15-20mg/kg/day could still add value preventive therapy of child contacts of MDR/XDR-TB cases